

Billericay Striders ParaBarMuir 10K November 4th 2007 Results

Position	Time	Number	Name	Club	Category
1	0:31:50	154	POWELL, Simon	Woodford Green & Essex Ladies	Male Open
2	0:33:14	680	VAUGHAN, David	Garden City Runners	Male Open
3	0:33:56	582	DICKINSON, David	Havering 90	Male Open
4	0:34:30	703	BERG, Craig		Male Open
5	0:35:47	569	MARTIN, Lee	Springfield Striders	Male Open
6	0:35:54	398	RICE, Scott	Thurrock Harriers	Male Open
7	0:36:08	229	DOYLE, Robert	Thurrock Harriers	Male Open
8	0:36:14	169	AKED, Peter	Reading Road Runners	Male Vet 40-49
9	0:36:36	551	DESBOROUGH, Steve	Benfleet RC	Male Vet 40-49
10	0:36:41	584	CHESTER, Martin	Havering	Male Open
11	0:36:43	149	SEARLE, Adam	SNHAC	Male Open
12	0:36:46	193	GARDNER, Thomas	Unattached	Male Open
13	0:36:50	73	WILKINSON, Keith	Chelmsford	Male Vet 50-59
14	0:37:03	284	CHESHAM, Kevin	Pitsea RC	Male Vet 50-59
15	0:37:27	513	ABERY, David	Istead & Ifield Harriers	Male Vet 40-49
16	0:37:40	51	FITCHEW, Jason	Leigh on Sea Striders	Male Open
17	0:37:42	390	PHILP, Katherine	Garden City Runners	Female Open
18	0:37:50	174	SOLLARS, Loretta	Unattached	Female Vet 35-44
19	0:38:01	412	STAINES, Martyn	Thurrock Harriers	Male Open
20	0:38:11	472	TOD, Jonathan	Thrift Green Trotters	Male Vet 40-49
21	0:38:13	123	RUSSELL, John	Thurrock Harriers	Male Open
22	0:38:21	270	THOMAS, David	Pitsea RC	Male Vet 40-49
23	0:38:23	503	MATTHEWS, Richard	Thrift Green Trotters	Male Open
24	0:38:23	502	MATTHEWS, Stuart	Thrift Green Trotters	Male Open
25	0:38:45	196	TYLER, John	Havering 90	Male Vet 40-49
26	0:38:47	137	THEOBALD, Simon	Unattached	Male Open
27	0:38:48	384	MILES, Lloyd	Unattached	Male Open
28	0:39:03	259	BARKER, Nick	Unattached	Male Vet 40-49
29	0:39:07	487	HURLEY, Danielle	Southend AC	Female Open
30	0:39:11	504	MARKWELL, Nick	Unattached	Male Open
31	0:39:12	660	SUTTON, Darren James	Springfield Striders	Male Open
32	0:39:13	175	WHISTON, Arthur	Colchester Harriers	Male Vet 50-59
33	0:39:13	486	HURLEY, David	Orpington Road Runners	Male Vet 40-49
34	0:39:22	505	EASTTY, Graham	Southend AC	Male Open
35	0:39:25	652	BONHAM, Richard	Castle Point Joggers	Male Open
36	0:39:26	116	BINYON, Trevor	Edmonton Running Club	Male Vet 40-49

37	0:39:31	39	HOPWOOD, Tony	Unattached	Male Open
38	0:39:37	653	BERLEEN, Abdi-Karim	Ilford AC	Male Vet 40-49
39	0:39:38	637	BOOTH, Richard	Thrift Green Trotters	Male Vet 40-49
40	0:39:44	263	SYRETT, Jason	Thurrock Harriers	Male Vet 40-49
41	0:39:58	705	CLARK, Simon		Male Open
42	0:40:05	404	OSBORNE, Peter	Castle Point Joggers	Male Open
43	0:40:10	478	HALL, Tony	Unattached	Male Vet 50-59
44	0:40:11	580	KERN, Wayne	Halstead Road Runners	Male Vet 40-49
45	0:40:14	283	MASON, Beverley	Pitsea RC	Female Vet 35-44
46	0:40:15	69	RANKIN, Nicholas	Unattached	Male Vet 40-49
47	0:40:21	212	MACLEOD, Andrew	Unattached	Male Open
48	0:40:29	225	ANAGNOSTOU, Kostas-Zvaiz	Nokat Greece	Male Vet 40-49
49	0:40:45	641	EVERARD, Roger	Pitsea RC	Male Vet 60-69
50	0:40:46	140	KAKOULLIS, Panos	Havering	Male Vet 40-49
51	0:40:51	129	ORREY, Jeff	Unattached	Male Open
52	0:40:52	76	PALMER, Julia	Benfleet RC	Female Vet 45-54
53	0:41:04	549	HIPPERSON, Dean	Benfleet RC	Male Open
54	0:41:07	340	FLOWER, Kevin	Havering 90	Male Open
55	0:41:11	632	POTTS, Richard	Ware Joggers	Male Vet 40-49
56	0:41:18	511	TURNER, Terry	Benfleet RC	Male Vet 40-49
57	0:41:21	325	THOMPSON, Alex	Havering 90	Male Vet 40-49
58	0:41:23	535	MCGRATH, Darren	Unattached	Male Open
59	0:41:24	517	HULL, Darran	Springfield Striders	Male Open
60	0:41:26	108	O'DOWD, John	Unattached	Male Vet 40-49
61	0:41:28	215	STAGG, Michael	Thrift Green Trotters	Male Open
62	0:41:29	85	ELFERINK, Alex	Serpentine Running Club	Male Open
63	0:41:32	353	SPONG, Sue	Havering 90	Female Vet 45-54
64	0:41:42	554	LATHAM, Louisa	Benfleet RC	Female Open
65	0:41:52	302	STREET, Philip	Benfleet RC	Male Vet 50-59
66	0:41:53	355	TAYLOR, Neil	Havering 90	Male Open
67	0:41:57	298	NOBLE, Toni	Thurrock Harriers	Female Vet 35-44
68	0:42:01	470	BAKER, Sally	Unattached	Female Open
69	0:42:07	271	SAWYER, Duncan	Unattached	Male Open
70	0:42:12	714	JOSLIN, Gary	Springfield Striders	Male Vet 40-49
71	0:42:28	163	STONE, Simon	Unattached	Male Open
72	0:42:33	481	ALEXANDROU, Tracey	Springfield Striders	Female Vet 35-44
73	0:42:34	241	STANDING, Paul	Unattached	Male Open
74	0:42:37	601	HYDE, Tony	Unattached	Male Vet 40-49
75	0:42:42	296	DIXON, Matthew	Unattached	Male Vet 40-49

76	0:42:47	233	ROSS, Paul	Unattached	Male Vet 40-49
77	0:42:52	702	MULLISH, Elliot		Male Vet 40-49
78	0:42:54	306	SPOONER, Terence	Unattached	Male Open
79	0:42:56	111	PORTER, Karen	Thrift Green Trotters	Female Vet 35-44
80	0:42:56	194	CORNELL, Mark	Havering 90	Male Vet 40-49
81	0:42:59	586	HARRIDGE, Peter	St Albans Striders	Male Vet 50-59
82	0:43:05	93	NEL, Sue	Benfleet RC	Female Vet 35-44
83	0:43:07	335	KEELEY, David	Havering 90	Male Vet 50-59
84	0:43:08	684	DUFFIN, Judith	Unattached	Female Open
85	0:43:09	464	WALLACE, Emma	Unattached	Female Open
86	0:43:15	272	MILNE, Chris	East Essex Tri	Male Vet 40-49
87	0:43:18	351	MCDONNELL, Chris	Havering 90	Male Vet 60-69
88	0:43:18	663	BARRETT, Peter	Harlow RC	Male Open
89	0:43:30	423	JONES, Stuart	Unattached (BONYM)	Male Open
90	0:43:31	265	ELLIS, Mark	Unattached	Male Open
91	0:43:31	697	MURDOCH, James	Unattached	Male Open
92	0:43:32	432	ARTHUR, John	Thurrock Harriers	Male Vet 40-49
93	0:43:38	305	NATHAN, Simon	Unattached	Male Open
94	0:43:39	516	DODD, Catherine	Springfield Striders	Female Open
95	0:43:41	484	CORNISH, Jennifer	Unattached	Female Open
96	0:43:42	523	BROCKBANK, Nikki	Springfield Striders	Female Open
97	0:43:45	9	HOLDER, Julian	Pitsea RC	Male Vet 40-49
98	0:43:46	201	ENDERS, David	Unattached	Male Vet 40-49
99	0:43:48	267	COLDICOTT, Nick	Unattached	Male Open
100	0:43:49	482	COWAN, Alan	Istead & Ifield Harriers	Male Vet 40-49
101	0:43:51	408	COOPER, Philip	Thrift Green Trotters	Male Open
102	0:43:54	300	WYATT, Jonathan	Unattached	Male Open
103	0:43:55	326	PRIMMER, Jason	Havering 90	Male Open
104	0:43:55	200	WISE, Daniel	Unattached	Male Vet 40-49
105	0:44:02	711	TURNER, Chloe	Unattached	Female Open
106	0:44:03	56	GRETTON, David	Unattached	Male Vet 40-49
107	0:44:07	566	GAMMER, Tony	Unattached	Male Vet 40-49
108	0:44:12	100	BARTRAM, Ian	Castle Point Joggers	Male Vet 40-49
109	0:44:13	526	HOLMES, Robert	Unattached	Male Open
110	0:44:14	572	MORRISON, George	Unattached	Male Open
111	0:44:15	98	HALL, Ian	Unattached	Male Vet 40-49
112	0:44:23	407	CURRELL, Allan	Southend AC	Male Vet 40-49
113	0:44:25	649	GARGRAVE, Duncan	Unattached	Male Open
114	0:44:26	254	MCDONALD, Harry	Ford Running Club	Male Open

115	0:44:26	18	FENTON, Jeff	Havering 90	Male Vet 50-59
116	0:44:28	115	NATION, Richard	Unattached	Male Open
117	0:44:30	21	FISHER, Steve	East Essex Tri	Male Open
118	0:44:33	239	TWEEDIE, Clive	Unattached	Male Vet 50-59
119	0:44:37	540	BAGLIN, Claire	Unattached	Female Open
120	0:44:38	346	DALE, Sue	Havering 90	Female Vet 45-54
121	0:44:45	498	BYSOUTH, Andy	Unattached	Male Open
122	0:44:45	615	HUGGINS, Chris	Pitsea RC	Male Vet 40-49
123	0:44:49	522	DAWSON, Michael	Unattached	Male Open
124	0:44:51	356	BOULT, Robert	Unattached (Routers)	Male Vet 40-49
125	0:44:51	541	RUSSELL, Andrew	Les Croupiers RC	Male Open
126	0:44:54	370	MAREK, Rob	Leigh on Sea Striders	Male Open
127	0:44:56	655	PEARSE, Carl	Beckenham RC	Male Open
128	0:44:57	27	ALLEN, Russell	Unattached	Male Open
129	0:44:58	704	SCOTT, David	Thrift Green Trotters	Male Vet 40-49
130	0:44:58	613	TROWBRIDGE, Andrew	Unattached (Hutton Harriers)	Male Open
131	0:44:59	303	JELLEY, Nick	Unattached	Male Open
132	0:45:00	1	DELATOUCHE, David	Unattached	Male Open
133	0:45:00	494	BEALE, Perry	Unattached	Male Vet 40-49
134	0:45:04	394	DOUGLAS, George	Unattached	Male Vet 40-49
135	0:45:10	433	ROGERS, Christian	Unattached	Male Open
136	0:45:11	252	GROUT, Michael	Unattached	Male Open
137	0:45:21	400	JOHNSON, John	Unattached	Male Vet 50-59
138	0:45:27	20	BORHAM, John	Benfleet RC	Male Vet 40-49
139	0:45:28	527	O'SHEA, John	Unattached	Male Vet 40-49
140	0:45:36	495	THOMAS, Geraint	Unattached	Male Open
141	0:45:39	461	GAITELY, Mark	Benfleet Road Runners	Male Open
142	0:45:39	643	LARNER, Paul	Unattached (St Martins)	Male Open
143	0:45:48	696	MEADOWS, Terry	Thurrock Nomads	Male Vet 50-59
144	0:45:50	579	GEERE, Steve	Unattached	Male Open
145	0:45:50	164	WRIGHT, Steve	Unattached	Male Vet 40-49
146	0:45:57	454	HEMSTOCK, Reg	Unattached	Male Open
147	0:45:58	28	JOLLY, Stephen	Unattached	Male Vet 50-59
148	0:46:03	103	WREN, John	Unattached	Male Vet 40-49
149	0:46:04	243	PEGLER, Paul	Treasury Running Club	Male Vet 50-59
150	0:46:12	565	GOODING, Paul	Unattached	Male Vet 40-49
151	0:46:19	7	MANKIN, James	Unattached	Male Open
152	0:46:20	219	TURNER, Tony	Unattached	Male Vet 40-49
153	0:46:23	251	GREENSILL, Mark	Unattached	Male Vet 40-49

154	0:46:30	681	NICK, Manley	Witham RC	Male Vet 40-49
155	0:46:34	67	LANE, Dave	Unattached	Male Vet 40-49
156	0:46:34	371	BEASLEY, John	Unattached	Male Vet 40-49
157	0:46:36	556	BARTON, Susanne	Benfleet RC	Female Vet 35-44
158	0:46:37	574	RIGLAR, David	Unattached	Male Vet 40-49
159	0:46:39	223	READER, Rob	Unattached	Male Open
160	0:46:40	673	TAYLOR, Glen	Leigh on Sea Striders	Male Vet 50-59
161	0:46:42	173	SCOTT, Alice	Unattached	Female Open
162	0:46:42	183	HOLMES, Corina	Thrift Green Trotters	Female Open
163	0:46:50	424	LANGENHAN, Lawrence	Unattached (BONYM)	Male Vet 40-49
164	0:46:50	290	HOWE, Anne	Benfleet RC	Female Vet 35-44
165	0:46:51	490	BROWN, Robert	Unattached	Male Vet 50-59
166	0:46:53	548	TRIGGS, Nicky	Benfleet RC	Female Open
167	0:46:53	329	SKINNER, David	Havering 90	Male Vet 50-59
168	0:46:55	332	THOMSON, Andrew	Havering 90	Male Open
169	0:46:57	695	TALBOT, Greg	Unattached	Male Open
170	0:46:57	525	SKINNER, Antony	Unattached	Male Open
171	0:46:59	208	AYRES, Max	Unattached	Male Open
172	0:47:01	276	BELAON, Sarah	Unattached	Female Open
173	0:47:01	654	BROWN, Gary	Thrift Green Trotters	Male Open
174	0:47:05	57	SEAGER, Sukhan	Unattached	Female Vet 35-44
175	0:47:06	471	BAKER, Phil	Unattached	Male Open
176	0:47:07	248	WRIGHT, Andy	Unattached	Male Vet 40-49
177	0:47:07	434	DEDMAN, Graham	Unattached	Male Open
178	0:47:13	521	FORD-DUNN, Ken	Unattached	Male Open
179	0:47:13	109	RODGER, Andy	Unattached	Male Vet 40-49
180	0:47:16	402	READ, Rob	Unattached	Male Vet 40-49
181	0:47:17	564	WARWICK, Gary	Pitsea RC	Male Vet 50-59
182	0:47:19	716	PATTISON, Matt	Woodham Runners	Male Open
183	0:47:19	396	KING, Colin	Havering 90	Male Open
184	0:47:19	592	SHAW, Carol	Sudbury Joggers	Female Vet 45-54
185	0:47:20	558	BURTONSHAW, Jo	Benfleet RC	Female Vet 35-44
186	0:47:21	477	MAHER, Martin	Unattached	Male Open
187	0:47:29	506	ARMSTRONG, Robert	Thrift Green Trotters	Male Vet 40-49
188	0:47:30	435	WRIGHT, Andy	Unattached	Male Open
189	0:47:32	99	ALDRIDGE, Wendy	Unattached	Female Vet 35-44
190	0:47:33	688	LASHMAR, Simon	Unattached	Male Open
191	0:47:36	460	LINTON, Adrian	Unattached	Male Open
192	0:47:36	86	BIRD, Steven	Unattached	Male Open

193	0:47:37	102	WREN, Sarah	Unattached	Female Vet 35-44
194	0:47:40	264	DAWBARN, Andy	East Essex Tri	Male Vet 40-49
195	0:47:46	349	MOLE, Eleanor	Havering 90	Female Open
196	0:47:48	497	COULSON, Myles	Unattached	Male Open
197	0:47:50	228	BRODIE, Natalie	Unattached	Female Open
198	0:47:51	210	MANSFIELD, Christopher	Havering 90	Male Vet 40-49
199	0:47:59	577	TREE, Jochen	Thrift Green Trotters (St Martins)	Male Open
200	0:48:06	499	WILLIAMS, Steve	Unattached	Male Vet 40-49
201	0:48:15	90	MAGUIRE, Michael	Road Runners Club	Male Vet 40-49
202	0:48:18	331	MOLE, Denis	Havering 90	Male Vet 50-59
203	0:48:20	553	BARBER, Jo	Benfleet RC	Female Open
204	0:48:22	599	BEATTIE, Bob	Tiptree RR	Male Vet 60-69
205	0:48:23	672	MACDONALD, Cheryl	Pitsea RC	Female Vet 45-54
206	0:48:24	209	STAINES, Mick	Pitsea RC	Male Vet 60-69
207	0:48:26	629	BERG, Stewart	Unattached	Male Vet 50-59
208	0:48:31	391	RAINSBY, Ian	Unattached	Male Vet 40-49
209	0:48:33	485	FRIBBENS, Mark	Halstead Road Runners	Male Vet 40-49
210	0:48:37	605	MACAULAY, Jennifer	Springfield Striders	Female Open
211	0:48:38	411	WILLIAMS, Gary	Thrift Green Trotters	Male Vet 40-49
212	0:48:44	640	MACKEY, Steven	Unattached	Male Open
213	0:48:46	480	PRIOR, Danny	Springfield Striders	Male Open
214	0:48:47	544	BETTANEY, Stephen	Unattached	Male Vet 60-69
215	0:48:48	606	MACAULAY, Sheila	Springfield Striders	Female Vet 55-64
216	0:48:53	217	SADLER, Phil	Havering 90	Male Open
217	0:48:54	330	STEPHENS, Catherine	Havering 90	Female Open
218	0:48:55	531	NEWELL, Julia	Unattached	Female Open
219	0:48:59	536	OUTEN, Samantha	Unattached	Female Vet 35-44
220	0:48:59	58	GREENHALGH, Gordon	Unattached	Male Open
221	0:49:02	146	WOOD, Terence	Unattached	Male Open
222	0:49:07	139	WILSON, Sally	Leigh on Sea Striders	Female Vet 35-44
223	0:49:10	211	THORNE, Ian	Unattached	Male Vet 40-49
224	0:49:10	437	PAYNE, Elliot	Unattached	Male Open
225	0:49:13	49	RICHARDSON, James	Unattached	Male Open
226	0:49:16	429	HEWITT, George	Southern Counties Vets AC	Male Vet 60-69
227	0:49:16	715	KEEBLE, Nicholas	Unattached	Male Open
228	0:49:16	72	COLLIER, Martin	Unattached	Male Vet 50-59
229	0:49:17	240	BARR, Stephen	Unattached	Male Open
230	0:49:22	91	NEWLING, Ian	Unattached	Male Open
231	0:49:23	550	WATSON, Peter	Benfleet RC	Male Vet 50-59

232	0:49:24	375	HARVEY, Tim	Unattached	Male Open
233	0:49:24	345	PHILLIPS, Michael	Havering 90	Male Vet 50-59
234	0:49:26	118	LITTLE, Richard	Unattached	Male Vet 50-59
235	0:49:26	542	MACKAY, Ross	Unattached	Male Open
236	0:49:27	512	FISHER, Julie	Istead & Ifield Harriers	Female Vet 35-44
237	0:49:30	338	MOSES, Neil	Havering 90	Male Vet 40-49
238	0:49:31	644	MOLAND, David	Unattached	Male Vet 40-49
239	0:49:32	60	WILLIAMSON, Nigel	Unattached	Male Vet 40-49
240	0:49:34	352	MCDONNELL, Steven	Havering 90	Male Open
241	0:49:34	392	WHITE, Kelvin	Unattached	Male Open
242	0:49:38	155	DENNIS, Tony	Castle Point Joggers	Male Open
243	0:49:39	82	TESTER, Pauline	Ilford AC	Female Vet 35-44
244	0:49:40	708	FORSTER, Andy		Male Vet 40-49
245	0:49:41	6	SNOWLEY, Ian	Unattached	Male Vet 40-49
246	0:49:43	591	SHAW, Robert	Sudbury Joggers	Male Vet 50-59
247	0:49:48	383	BARRETT, Tony	Unattached	Male Open
248	0:49:50	202	ENDERS, Scott	Unattached	Male Open
249	0:49:53	319	PYE, Peter	Unattached	Male Vet 60-69
250	0:49:55	443	SUSSEX, John	Unattached	Male Vet 40-49
251	0:49:57	700	RAGG, Monica	Unattached	Female Open
252	0:50:00	646	DAY, Nina	Thrift Green Trotters	Female Open
253	0:50:03	405	WEST, David	Leigh on Sea Striders	Male Vet 60-69
254	0:50:04	489	MORGAN, Christine	Unattached	Female Vet 35-44
255	0:50:04	262	SALMON, Arran	Unattached	Male Open
256	0:50:08	450	LOW, Ian	Unattached	Male Open
257	0:50:13	610	PITCHER, Jonathan	Unattached (Hutton Harriers)	Male Open
258	0:50:14	562	THOMPSON-ROE, Tarnia	Benfleet RC	Female Vet 35-44
259	0:50:16	479	SMITH, Debbie	Unattached	Female Vet 35-44
260	0:50:23	602	SCOTT, Robert	Unattached	Male Open
261	0:50:24	451	ALSTON, Richard	Road Runners Club	Male Vet 40-49
262	0:50:28	648	BATES, Paul	Unattached	Male Open
263	0:50:30	236	WRIGHT, Dave	Unattached	Male Vet 40-49
264	0:50:34	690	NATHAN, Anthony	Unattached	Male Open
265	0:50:35	178	BURROWS, Karen	Unattached	Female Vet 45-54
266	0:50:35	624	MCGEE, Craig	Unattached	Male Open
267	0:50:35	447	MAYNARD, Steve	Unattached	Male Open
268	0:50:36	333	CONWAY, Neil	Havering 90	Male Vet 40-49
269	0:50:38	587	GAJBUTOWICZ, Andrzezej	Victoria Park Harriers	Male Vet 40-49
270	0:50:39	612	COOKE, Joanne	Unattached (Hutton Harriers)	Female Open

271	0:50:40	493	SCANLON, John	Unattached	Male Open
272	0:50:41	158	OLIVER, Stephen	Unattached	Male Open
273	0:50:41	275	CLANCY, David	Unattached	Male Vet 40-49
274	0:50:43	299	PEIRSON, Julia	Unattached	Female Vet 35-44
275	0:50:46	635	SMITH, Frances	Unattached	Female Vet 55-64
276	0:50:48	667	MURPHY, Dean	Unattached	Male Open
277	0:50:49	616	PRITCHARD, John	Blackwater Harriers	Male Vet 50-59
278	0:50:51	237	LEE, Beverley	Unattached	Female Vet 35-44
279	0:50:52	66	COLLIER, Peter	Fitness First Flyers	Male Vet 50-59
280	0:50:55	431	HULME, Nichola	Unattached	Female Vet 35-44
281	0:50:55	679	WATSON, Cheryl	Unattached	Female Vet 35-44
282	0:50:56	150	WINSER, Stephen	Unattached	Male Open
283	0:50:58	628	HUGHES, Dorian	Unattached	Male Vet 40-49
284	0:51:10	538	BYROM, James	Unattached	Male Open
285	0:51:13	315	PETERS, Roger	Unattached	Male Open
286	0:51:18	354	SPONG, Ray	Unattached	Male Vet 40-49
287	0:51:19	428	HEWITT, Tim	Unattached	Male Open
288	0:51:23	530	DAY, Joanne	Thrift Green Trotters	Female Vet 35-44
289	0:51:24	297	MARKS, Stephen	Unattached	Male Vet 60-69
290	0:51:26	596	DEVEREUX-COOKE, Christopher	Unattached	Male Vet 50-59
291	0:51:26	694	DOBIE, Ronald	Havering 90	Male Vet 40-49
292	0:51:33	476	WHITTON, Jonathan	Unattached	Male Open
293	0:51:36	636	SMITH, Malcolm	Unattached	Male Vet 60-69
294	0:51:39	686	FUKASE, Dai	Unattached	Male Open
295	0:51:41	469	MOYSE, Catherine	Unattached	Female Vet 35-44
296	0:51:44	205	ALASTAIR, Kendrick	Castle Point Joggers	Male Vet 50-59
297	0:51:45	282	HENDERSON, Tina	Unattached	Female Vet 35-44
298	0:51:46	633	TURNER, Helene	Unattached	Female Vet 45-54
299	0:51:47	500	MCAVOY, John	Ford Fitness	Male Vet 60-69
300	0:51:51	388	BIRCH, Alan	Unattached	Male Vet 50-59
301	0:51:53	13	FLANNIGAN, Teresa Jane	Pitsea RC	Female Vet 55-64
302	0:51:57	317	HARGREAVES, Caroline	Unattached	Female Open
303	0:52:00	318	SHERWIN, Kerry	Unattached	Female Vet 35-44
304	0:52:01	608	BOLTON, John	Unattached	Male Vet 40-49
305	0:52:05	458	MCGUIRE, Christine	Unattached	Female Vet 45-54
306	0:52:07	106	LOZOWSKI, Billy	Unattached	Male Open
307	0:52:09	457	BENNETT, Michael	Unattached	Male Vet 40-49
308	0:52:11	273	MACCARIELLO, Bettina	Thurrock Harriers	Female Vet 35-44
309	0:52:13	204	FURNER, Julie	Thurrock Nomads	Female Vet 35-44

310	0:52:15	357	JOHNSTONE, John	Unattached (Routers)	Male Open
311	0:52:16	617	PURTELL, Paula	Blackwater Harriers	Female Vet 35-44
312	0:52:17	658	BECK, Michael	Unattached	Male Open
313	0:52:19	312	WILEY, Amanda	Unattached	Female Vet 35-44
314	0:52:22	323	SMITH, Paul	Unattached	Male Vet 40-49
315	0:52:22	309	JOHNSON, Dean	Unattached	Male Open
316	0:52:27	466	HOUGHAM, Donna	Unattached	Female Vet 35-44
317	0:52:29	80	PETTIFER, John	Pitsea RC	Male Vet 50-59
318	0:52:39	277	PRICE, Lara	Unattached	Female Open
319	0:52:40	683	MANLEY, Alexander	Witham RC	Male Open
320	0:52:40	682	MANLEY, Angela	Witham RC	Female Vet 35-44
321	0:52:44	171	GOODSPEED, Philip	Unattached	Male Open
322	0:52:46	415	HORROCKS, Georgina	Unattached	Female Open
323	0:52:46	414	TISBURY, Justin	Unattached	Male Open
324	0:52:53	247	MARKS, David	Unattached	Male Vet 40-49
325	0:52:54	96	BUBB, Lyndon	Unattached	Male Open
326	0:52:55	328	WONG, Marie	Havering 90	Female Vet 55-64
327	0:52:55	343	BROWN, Tracey	Havering 90	Female Open
328	0:52:58	362	MCVEIGH, Martin	Havering	Male Vet 50-59
329	0:53:00	291	HOWE, Andrew	Unattached	Male Vet 50-59
330	0:53:03	52	SPARK, Sally	Unattached	Female Vet 35-44
331	0:53:04	53	SPARK, Jim	Unattached	Male Open
332	0:53:05	231	RAYNER, Kelly	Thrift Green Trotters	Female Open
333	0:53:05	218	HIND, Andy	Springfield Striders	Male Open
334	0:53:05	14	POTTS, Gregory	Springfield Striders	Male Vet 40-49
335	0:53:07	507	THOROGOOD, Keigh	Halstead Road Runners	Male Vet 50-59
336	0:53:09	426	GILLARD, Colin	Unattached	Male Vet 40-49
337	0:53:10	117	THOMPSON, Gary	Unattached	Male Vet 40-49
338	0:53:13	38	WYNDHAM, John Paul	Unattached	Male Open
339	0:55:17	552	WARD, Susan	Benfleet RC	Female Vet 55-64
340	0:53:19	77	PASSINGHAM, Keith	Pitsea RC	Male Vet 50-59
341	0:53:20	361	EASTER, Christopher	Thrift Green Trotters	Male Vet 50-59
342	0:53:23	71	AGATHAPOMPOM,	Pitsea RC	Female Vet 55-64
343	0:53:25	689	CLIFFORD, Colin	Havering 90	Male Vet 60-69
344	0:53:28	712	DOWSETT, Ross	Unattached	Male Open
345	0:53:29	468	WHARNSBY, Anita	Unattached	Female Vet 35-44
346	0:53:31	32	JACKAMAN, Malcolm	Castle Point Joggers	Male Vet 50-59
347	0:53:31	132	LAWSON, Stephen	Havering 90	Male Vet 50-59
348	0:53:32	88	GAYWOOD, Andi	Vegan Runners UK	Male Vet 40-49

349	0:53:35	713	SALEH, Anthony	Unattached	Male Open
350	0:53:40	79	PETTIFER, Lorna	Pitsea RC	Female Vet 35-44
351	0:53:44	575	REEVES, Katie	Springfield Striders	Female Open
352	0:53:44	382	BREW, Christopher	Unattached	Male Open
353	0:53:48	395	DOUGLAS, Tracey	Unattached	Female Vet 35-44
354	0:54:06	287	KILBOURN, Dan	Unattached	Male Open
355	0:54:14	119	GROVER, Jan	Unattached	Female Vet 45-54
356	0:54:19	160	PEARSON, David	Unattached	Male Open
357	0:54:19	8	MARTIN, Lee	Unattached	Male Open
358	0:54:28	230	BULLARD, Hugh	Springfield Striders	Male Vet 50-59
359	0:54:28	557	BARDRICK, Karen	Benfleet RC	Female Vet 35-44
360	0:54:28	630	BAILEY, Richard	Unattached	Male Open
361	0:54:31	717	SPENCER, James	Benfleet RC	Male Open
362	0:54:33	197	DAW, Alisdair	Unattached	Male Open
363	0:54:36	226	SAUNDERSON, Jake	Unattached	Male Open
364	0:54:37	198	AGYEI, Kaiser	Unattached	Male Open
365	0:54:38	594	BORTHWICK, Faye	Unattached	Female Vet 35-44
366	0:54:41	417	ADAMS, Andrew	Unattached	Male Vet 40-49
367	0:54:41	187	LEWIS, Nick	Unattached	Male Vet 40-49
368	0:54:42	440	HOLLAND, David	Havering	Male Vet 60-69
369	0:54:42	227	HARRIS, Ray	Unattached	Male Open
370	0:54:44	324	SMITH, Michelle	Unattached	Female Vet 35-44
371	0:54:45	4	LYNETTE, Cheshire	Unattached	Female Vet 45-54
372	0:54:48	545	CRISP, Lynda	Benfleet RC	Female Vet 55-64
373	0:54:49	131	BURCHETT, Paul	Thanet RRC	Male Vet 50-59
374	0:54:52	483	COWAN, Margaret	Istead & Ifield Harriers	Female Vet 35-44
375	0:54:53	327	HARVEY, Mark	Havering 90	Male Vet 40-49
376	0:54:58	105	PELLS, Gerry	Ilford AC	Male Vet 70+
377	0:55:04	718	STANLEY, Andrew	Unattached	Male Vet 50-59
378	0:55:11	444	THOMPSON, Pauline	Havering 90	Female Vet 45-54
379	0:55:15	453	GRAY, Adrian	Unattached	Male Open
380	0:55:15	546	CRISP, John	Benfleet RC	Male Vet 60-69
381	0:55:16	167	PALMER, Sue	The Running Sisterhood	Female Vet 35-44
382	0:55:16	45	GORDON, Karen	Unattached	Female Open
383	0:55:18	413	JACKSON, Michael	Unattached	Male Vet 50-59
384	0:55:20	619	WOOLLETT, Samantha	Unattached	Female Vet 35-44
385	0:55:22	710	WILLIAMS, Marcelle		Female Vet 45-54
386	0:55:29	130	ORREY, Emma	Unattached	Female Vet 35-44
387	0:55:30	55	BANNISTER, Sharon	Springfield Striders	Female Vet 35-44

388	0:55:32	399	MULLER, Sue	Unattached	Female Vet 35-44
389	0:55:35	691	FENWICK, Nina	Unattached	Female Open
390	0:55:36	280	HUMBERSTONE, Ian	Unattached	Male Open
391	0:55:36	626	CAMPOS, David	Unattached	Male Vet 60-69
392	0:55:40	321	ARMITAGE, Mark	Unattached	Male Open
393	0:55:40	373	MCDONNELL, Barbara	Havering 90	Female Vet 45-54
394	0:55:44	425	DENEYS, Lies	Unattached	Female Vet 35-44
395	0:55:46	143	BUCKMASTER, Robert	Unattached	Male Open
396	0:55:51	410	MATTHEW, Chas	Unattached	Male Vet 50-59
397	0:55:52	339	REID, Sharon	Havering 90	Female Vet 35-44
398	0:55:55	257	ROYDEN, David	Unattached	Male Vet 40-49
399	0:55:56	47	CLARK, James	Unattached	Male Vet 50-59
400	0:55:58	285	MAZZONE, Rob	Unattached	Male Open
401	0:55:59	701	KING, Michael	Unattached	Male Vet 40-49
402	0:56:12	427	GILLARD, Sarah	Unattached	Female Vet 35-44
403	0:56:13	274	PAYNE, Neil	Unattached	Male Open
404	0:56:13	475	WHITTON, Denis	Unattached	Male Vet 50-59
405	0:56:15	92	CHAMBERS, Daren	Unattached	Male Open
406	0:56:17	529	MILES, Albert	Unattached	Male Vet 70+
407	0:56:21	26	RICKARD, John	Castle Point Joggers	Male Vet 50-59
408	0:56:26	659	SALTER, Anna	Unattached	Female Open
409	0:56:26	334	CONQUEST, Johnny	Havering 90	Male Vet 50-59
410	0:56:28	664	BETTANEY, Sheila	Unattached	Female Vet 55-64
411	0:56:33	162	STEGGLES, Wayne	Unattached	Male Open
412	0:56:36	221	BROWNE, Tony	Ware Joggers	Male Vet 50-59
413	0:56:36	250	MCLEISH, Holly	Unattached	Female Open
414	0:56:40	165	GOODSPEED, Maria	Unattached	Female Vet 35-44
415	0:56:41	114	DEMPSEY, Julie	Unattached	Female Vet 35-44
416	0:56:43	611	LYNCH, Emma	Unattached (Hutton Harriers)	Female Vet 35-44
417	0:56:53	342	ROWELL, Barry	Havering 90	Male Vet 40-49
418	0:56:54	665	BEARWISH, Kevin	Unattached	Male Vet 40-49
419	0:56:56	24	PROBERT, Michelle	Unattached	Female Vet 35-44
420	0:56:57	666	HERTSLET, Melodie	Unattached	Female Vet 45-54
421	0:56:58	279	SWEENEY, Emma	Witham RC	Female Open
422	0:56:59	104	SULEMAN, Nasreen	Thrift Green Trotters	Female Open
423	0:56:59	293	BROOK, Jacqueline	Unattached	Female Vet 45-54
424	0:57:00	376	SMITH, Steve	Unattached	Male Vet 40-49
425	0:57:01	515	LONTON, Karen	Witham RC	Female Open
426	0:57:04	41	QUINLIVAN, Mick	Road Runners Club	Male Vet 50-59

427	0:57:07	385	HUNT, Sharon	Unattached	Female Vet 35-44
428	0:57:09	89	HARRIS, Sara	Unattached	Female Open
429	0:57:11	81	PETTIFER, Tracy	Pitsea RC	Female Open
430	0:57:11	54	ROBERTS, Tanya	Springfield Striders	Female Vet 35-44
431	0:57:25	256	DUIGNAN, Anna	Romsey Road Runners	Female Vet 55-64
432	0:57:32	456	MANLEY, Jennifer	Unattached	Female Open
433	0:57:33	473	PINNER, Jayne	Thrift Green Trotters	Female Vet 35-44
434	0:57:36	213	NUDING, Ann	Unattached	Female Vet 35-44
435	0:57:36	33	WALKER, Tracey	Unattached	Female Vet 35-44
436	0:57:37	607	HATCHER, Elizabeth	Unattached	Female Vet 35-44
437	0:57:45	199	SEYMOUR, Angela	Thrift Green Trotters	Female Open
438	0:57:46	44	MALES, Nik	Unattached	Male Open
439	0:57:48	238	WARNER, Jonathan	Unattached	Male Vet 50-59
440	0:57:51	539	BYROM, Andy	Unattached	Male Vet 40-49
441	0:58:06	589	HANKIN, Charlotte	Unattached	Female Open
442	0:58:08	419	LEE, Tracy	Unattached	Female Vet 35-44
443	0:58:10	176	O'NEILL, Colette	Leigh Strollers	Female Open
444	0:58:12	61	CATER, Nick	Unattached	Male Open
445	0:58:15	603	EASTLAND, Sharon	Fitness First Flyers	Female Open
446	0:58:28	369	WITTE, Laurence	Unattached	Male Vet 50-59
447	0:58:29	320	SMITH, Denise	Springfield Striders	Female Vet 35-44
448	0:58:29	42	HELLEN, Robert	Unattached	Male Open
449	0:58:30	43	HELLEN, Richard	Unattached	Male Open
450	0:58:31	147	WOOD, Victoria	Unattached	Female Open
451	0:58:32	159	OLIVER, Hayley	Unattached	Female Vet 35-44
452	0:58:35	268	COLDICOTT, Ann	Unattached	Female Vet 35-44
453	0:58:35	255	DUIGNAN, Marie	Unattached	Female Open
454	0:58:36	707	POWELL, Victoria	Unattached	Female Vet 35-44
455	0:58:39	386	COTTERILL, Dawn	Unattached	Female Vet 35-44
456	0:58:41	170	GOODSPEED, Victoria	Unattached	Female Vet 35-44
457	0:58:43	510	JUDGE, Sean	Unattached	Male Open
458	0:58:44	393	MELDRUM, Tara	Unattached	Female Vet 35-44
459	0:58:48	465	TAYLOR, Sally	Unattached	Female Vet 35-44
460	0:58:48	337	HOSLER, John	Havering 90	Male Vet 60-69
461	0:58:58	206	REYNOLDS, Keith	Fitness First Flyers	Male Vet 50-59
462	0:59:00	135	WEST, Neil	Unattached	Male Vet 40-49
463	0:59:10	74	MILLS, Jacqueline	Pitsea RC	Female Vet 45-54
464	0:59:12	657	THOMAS, Peter	Colchester Harriers	Male Vet 70+
465	0:59:12	245	NUDING, Viv	Unattached	Female Open

466	0:59:13	246	NUDING, Steve	Unattached	Male Open
467	0:59:29	70	TAYLOR, Val	Unattached	Female Vet 55-64
468	0:59:34	253	MERCER, Thelma	Unattached	Female Vet 55-64
469	0:59:41	573	SCOURFIELD, Kathy	Unattached	Female Vet 35-44
470	0:59:42	631	GRANT, Scott	Unattached	Male Open
471	0:59:46	348	BRAY, Gill	Havering 90	Female Vet 45-54
472	0:59:46	364	MULLETT, Alex	Unattached	Male Open
473	0:59:49	492	SAXTY, Heidi	Unattached	Female Open
474	0:59:50	368	WOODS, William	Unattached	Male Open
475	0:59:50	366	GREGORY, Christian	Unattached	Male Open
476	0:59:52	168	DONOVAN, William	Benfleet RC	Male Vet 60-69
477	1:00:05	578	RONTREE, David	Pitsea RC	Male Vet 40-49
478	1:00:11	121	GREVE, Leigh	Unattached	Female Open
479	1:00:11	122	TOWNSEND, Joanna	Unattached	Female Open
480	1:00:13	97	AMIES, Wendy	Unattached	Female Vet 35-44
481	1:00:14	304	EATON, Ken	Benfleet RC	Male Vet 70+
482	1:00:15	136	HARE, Denise	Unattached	Female Vet 45-54
483	1:00:27	341	TURNER, Colin	Havering 90	Male Vet 60-69
484	1:00:41	148	MCCARTHY, Julie	Unattached	Female Vet 35-44
485	1:00:46	692	DE MELLO, Simon	Unattached	Male Open
486	1:00:47	639	LULHAM, Naomi	Unattached	Female Open
487	1:00:48	706	BALDING, David		Male Vet 40-49
488	1:00:50	182	PRICE, Caz	Unattached	Female Vet 35-44
489	1:00:59	622	BAKER, Richard	Unattached	Male Vet 40-49
490	1:01:05	222	GODFREY, Ruth	Unattached	Female Vet 35-44
491	1:01:10	409	ADAMS, Linda	Thrift Green Trotters	Female Vet 45-54
492	1:01:13	441	WALKER, Joanne	Unattached	Female Open
493	1:01:26	62	LITTLE, Andrew	Unattached	Male Vet 40-49
494	1:01:34	416	FULLER, Lisa Anne	Fitness First Flyers	Female Vet 35-44
495	1:01:35	418	HODGKINS, Alexis	Fitness First Flyers	Female Vet 35-44
496	1:01:47	260	APPLIN, Alison	Unattached	Female Vet 55-64
497	1:01:50	63	OLIVE, Steven	Unattached	Male Vet 40-49
498	1:01:52	563	FILLINGHAM, Tracy	Unattached	Female Vet 35-44
499	1:01:53	598	LEUNG, Tina	Thrift Green Trotters	Female Vet 55-64
500	1:01:53	588	HANKIN, Rebecca	Unattached	Female Open
501	1:01:55	157	BATRICK, Chloe	Unattached	Female Open
502	1:01:55	156	BATRICK, Lee	Unattached	Male Vet 40-49
503	1:02:15	180	BREWER, Glenn	Unattached	Male Vet 40-49
504	1:02:32	467	STURGEON, Rose	Unattached	Female Vet 45-54

505	1:02:33	618	HYDE, Laura	Unattached	Female Open
506	1:02:33	620	FLOOD, Vernon	Unattached	Male Open
507	1:02:35	347	MARSHAM, Linda	Havering 90	Female Vet 45-54
508	1:02:40	101	TURNPENNY, Jane	Unattached	Female Vet 35-44
509	1:02:41	11	MULLIN, Vicki	Unattached	Female Open
510	1:02:45	75	HAWLEY, Claire	Unattached	Female Open
511	1:02:46	698	GUNDLE, Kathryn	Unattached	Female Open
512	1:02:56	358	COOPER, Andrew	Unattached (Routers)	Male Vet 40-49
513	1:02:58	161	SULLIVAN, Catherine	Unattached	Female Open
514	1:03:20	207	WEBB, Jane	Unattached	Female Vet 35-44
515	1:03:36	29	JOLLY, Kathleen	Unattached	Female Vet 45-54
516	1:03:51	120	SAXTON, Andy	Unattached	Male Open
517	1:03:52	604	MUNNINGS, Patrick	Unattached	Male Vet 40-49
518	1:03:54	133	GUYATT, Ellen	Unattached	Female Vet 35-44
519	1:03:54	128	GUYATT, Robert	Unattached	Male Open
520	1:03:56	191	GODFREY, Bob	Unattached	Male Open
521	1:03:58	177	GORDON, Gina	Unattached	Female Vet 35-44
522	1:04:00	462	POVEY, June	Unattached	Female Vet 45-54
523	1:04:20	709	SMITH, Paul		Male Vet 50-59
524	1:04:22	350	BELL, Joan	Unattached	Female Vet 55-64
525	1:04:30	439	LEE, Sai Kit	Serpentine Running Club	Male Open
526	1:04:34	650	STREET, Robert	Unattached	Male Vet 60-69
527	1:04:48	224	ANAGNOSTOU, Frances	Unattached	Female Vet 45-54
528	1:04:50	50	JONES, Joanne	Unattached	Female Vet 35-44
529	1:04:50	322	RAMSEY, Alison	Unattached	Female Vet 35-44
530	1:04:51	48	CLARK, Sarah	Unattached	Female Vet 35-44
531	1:05:04	46	EATON, Helen	Orion Harriers	Female Vet 55-64
532	1:05:28	669	BEITEL, Travis	Unattached	Male Open
533	1:05:28	367	GREGORY, Freddie	Unattached	Male Open
534	1:05:35	65	WEST, Sarah	Unattached	Female Open
535	1:05:56	662	BASS, Chris	Unattached	Male Vet 40-49
536	1:06:10	452	KINGSGATE, John	Serpentine Running Club	Male Vet 60-69
537	1:06:37	380	WARD, Christine	Unattached	Female Vet 35-44
538	1:07:04	142	BURTON, Virginia	Unattached	Female Vet 35-44
539	1:07:24	677	CASHMAN, Tracey	Unattached	Female Vet 35-44
540	1:07:31	675	JACKSON, Corinne	Unattached	Female Open
541	1:07:42	455	KESTIN, Joanna	Unattached	Female Open
542	1:08:23	647	SIMS, Lauren	Unattached	Female Open
543	1:08:25	442	HARRISON, Gillian	Pitsea RC	Female Vet 45-54

544	1:08:26	621	BAKER, Emma	Unattached	Female Open
545	1:08:30	235	DYMOND, Elizabeth	Unattached	Female Vet 35-44
546	1:08:47	261	BEALES, Rebecca	Unattached	Female Open
547	1:09:22	570	JORDAN, Ian	Benfleet RC	Male Vet 40-49
548	1:09:22	555	JORDAN, Mike	Benfleet RC	Male Vet 40-49
549	1:09:33	307	CONNELLY, Sarah	Unattached	Female Vet 35-44
550	1:09:33	308	MCSWEENEY, Katie	Leigh on Sea Striders	Female Open
551	1:09:35	528	BLANCHARD, Gillian	Unattached	Female Vet 35-44
552	1:09:39	23	TYE, Peta Jane	Unattached	Female Vet 45-54
553	1:09:53	533	WALLIS, Laura	Unattached	Female Open
554	1:09:53	532	PAYTON, Emma	Unattached	Female Vet 35-44
555	1:10:10	134	GIDLEY, Jennifer	Unattached	Female Vet 45-54
556	1:10:13	19	LEE, Graham	GP Triathlon	Male Open
557	1:10:32	151	BARTLAM, Helen	Unattached	Female Open
558	1:10:33	152	BLAKES, Lynn	Unattached	Female Vet 35-44
559	1:10:52	420	LEVY, Pam	Unattached	Female Vet 35-44
560	1:11:01	421	WHITE, Janice	Unattached	Female Vet 35-44
561	1:11:53	17	JULIA, Rose	Unattached	Female Vet 45-54
562	1:12:30	446	KENNEDY, Deborah	Unattached	Female Open
563	1:14:09	543	HARRIS, Lisa	Unattached	Female Open
564	1:14:57	638	THOMAS, Madonis	Unattached	Female Vet 35-44
565	1:15:32	520	LECKIE, Gary	Unattached	Male Open
566	1:17:25	519	BOOR, Sally	Unattached	Female Vet 35-44
567	1:17:54	30	CLAPPEN, Nicholas	Unattached	Male Vet 40-49
568	1:18:50	595	MOUNTFORD, Valerie	Southend AC	Female Vet 55-64
569	1:20:28	609	BEADLE, Sibel	Unattached	Female Vet 35-44
570	1:20:28	583	EDMONDS, Carla	Unattached	Female Open
571	1:20:31	406	HODDER, Douglas	Leigh on Sea Striders	Male Open
572	1:22:36	387	SHEY, Edgar	Unattached	Male Open
573	1:22:38	685	DASS, Roma	Unattached	Female Open
574	1:23:31	488	ROUSE, Beverley	Unattached	Female Open
575	1:24:42	192	RICE, Janet	Unattached	Female Vet 45-54
576	1:47:45	438	STRINGER, Claire	Unattached	Female Open