

Billericay Striders 10k 2008
10k Road Race

Sunday 2 November 2008. 9:45 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:31:29	HICKEY, Adam	Southend AC	Male Open	772	1
2	0:31:58	PROUT, Ryan	Thrift Green Trotters	Male Open	342	2
3	0:32:09	WHITTAKER, Paul	Southend AC	Male Open	767	3
4	0:32:43	POWELL, Bertie	Woodford Green & Essex	Male Open	13	4
5	0:33:11	WETHERIDGE, Nick	Basildon	Male Open	737	5
6	0:33:40	MOLYNEUX, Paul	Springfield Striders	Male Open	330	6
7	0:34:06	BERG, Craig	Woodford Green & Essex	Male Open	470	7
8	0:34:10	HOULTON, Nicholas	UK Net Runner	Male Open	775	8
9	0:35:17	CROOK, Mark	Springfield Striders	Male Open	656	9
10	0:35:22	HALL, David	Dartford Road Runners	Male Vet 40-49	636	10
11	0:35:46	BURGOYNE, Chris	Springfield Striders	Male Open	716	11
12	0:35:58	SEARLE, Adam	SNHAC	Male Open	147	12
13	0:36:06	TULLETT, David	Chelmsford	Male Vet 40-49	599	13
14	0:36:08	ANTHONY, Ian	Havering	Male Open	651	14
15	0:36:10	HOLLAND, Richard	Woodford Green & Essex	Male Vet 40-49	422	15
16	0:36:16	GREEN, Mark	Garden City Runners	Male Open	634	16
17	0:36:22	CASEY, Russell	Garden City Runners	Male Open	635	17
18	0:37:03	LIVINGSTONE, Stephen	Garden City Runners	Male Vet 50-59	762	18
19	0:37:08	ABERY, David	Istead & Ifield Harriers	Male Vet 50-59	600	19
20	0:37:13	RUSSELL, John	Thurrock Harriers	Male Open	71	20
21	0:37:14	AKED, Peter	Reading Road Runners	Male Vet 40-49	224	21
22	0:37:23	MACK, Darren	East Essex Tri	Male Open	239	22
23	0:37:29	RANSON, Tracey	Springfield Striders	Female Open	500	23
24	0:38:16	CRISP, Neil	Iford AC	Male Vet 40-49	213	24
25	0:38:18	PARSONS, Stuart	Kingswood	Male Open	43	25
26	0:38:24	ADKINS, Peter	Unattached	Male Open	4	26
27	0:38:26	KENT, Glen	Phoenix Striders	Male Vet 50-59	8	27
28	0:38:34	MATTHEWS, Stuart	Thrift Green Trotters	Male Open	735	28
29	0:38:46	HYDE, Tony	Pitsea RC	Male Vet 40-49	2	29
30	0:38:48	KELLY, Peter	Unattached	Male Open	139	30
31	0:38:51	STAINES, Martyn	Thurrock Harriers	Male Open	701	31
32	0:38:58	O'LEARY, Paul	Unattached	Male Open	430	32
33	0:39:02	SPOONER, Terence	Unattached	Male Open	28	33
34	0:39:07	SPICELEY, Paul	Unattached	Male Open	571	34
35	0:39:17	HEIGHTON, Ben	Springfield Striders	Male Open	82	35
36	0:39:18	COLE, Leo	Unattached	Male Vet 40-49	202	36
37	0:39:22	EASTTY, Graham	Southend AC	Male Open	427	37
38	0:39:24	BROOKSHAW, Paul	Great Yarmouth Road	Male Vet 40-49	172	38
39	0:39:27	MOORE, James	Unattached	Male Open	597	39
40	0:39:38	THOMSON, Andrew	Havering 90	Male Open	188	40
41	0:39:45	DUNCAN, Mark	Ford Fitness	Male Vet 40-49	281	41
42	0:39:47	BINNS, Peter	Southend AC	Male Vet 60-69	274	42
43	0:39:52	BERLEEN, Abdi-Karim	Iford AC	Male Vet 40-49	294	43
44	0:39:52	CHAPMAN, Adam	Benfleet RC	Male Open	665	44
45	0:39:54	HARPER, Kevin	Witham RC	Male Open	450	45
46	0:39:58	THEOBALD, Simon	Unattached	Male Open	136	46
47	0:40:06	JOHNSON, Colin	Unattached	Male Vet 40-49	390	47
48	0:40:12	MILES, Lloyd	Unattached	Male Vet 40-49	348	48
49	0:40:14	HURLEY, David	Southend AC	Male Vet 40-49	729	49
50	0:40:15	MCGILL, Keiron	Benfleet RC	Male Open	709	50
51	0:40:28	THORPE, Barry	Chelmsford	Male Vet 50-59	633	51
52	0:40:35	PHILCOX, Stephen	Barking Road Runners	Male Vet 40-49	477	52

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on

Results produced by Billericay Striders. Printed by Billericay Striders on 2 November 2008

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
53	0:40:50	CALLOW, Jack	Thurrock Nomads	Male Open	539	53
54	0:40:58	BURNS, Robert	Leigh on Sea Striders	Male Vet 40-49	81	54
55	0:40:59	DAVENPORT, Paul	Unattached	Male Vet 40-49	690	55
56	0:41:03	COLLINS, Dean	Unattached	Male Vet 40-49	403	56
57	0:41:04	PEPPIHTT, Charlotte	Benfleet RC	Female Open	566	57
58	0:41:07	SPASHETT, Ian	Unattached	Male Open	580	58
59	0:41:11	ELLIS, Richard	Unattached	Male Open	201	59
60	0:41:14	EVERARD, Roger	Pitsea RC	Male Vet 60-69	717	60
61	0:41:18	WATSON, Peter John	Benfleet RC	Male Open	254	61
62	0:41:24	HULL, Catherine	Springfield Striders	Female Open	484	62
63	0:41:31	JOHNSON, Dean	Unattached	Male Open	304	63
64	0:41:32	GOAD, Richard	Unattached	Male Vet 50-59	595	64
65	0:41:36	PALMER, Julia	Benfleet RC	Female Vet 45-54	29	65
66	0:41:39	ADKINS, Daniel	Unattached	Male Vet 40-49	5	66
67	0:41:49	TAYLOR, Neil	Havering 90	Male Vet 40-49	182	67
68	0:41:52	SUMMERS, Dave	Thrift Green Trotters	Male Vet 50-59	674	68
69	0:41:58	BARRETT, Peter	Thrift Green Trotters	Male Open	515	69
70	0:42:06	THOMSON, Alex	Havering 90	Male Vet 40-49	358	70
71	0:42:11	PRIEST, Simon	Unattached	Male Open	166	71
72	0:42:12	NOBLE, Toni	Thurrock Harriers	Female Vet 35-44	129	72
73	0:42:18	EVANS, Richard	Unattached	Male Open	35	73
74	0:42:24	SPONG, Sue	Havering 90	Female Vet 45-54	197	74
75	0:42:27	BARKER, Lindsey	Ilford AC	Female Vet 35-44	758	75
76	0:42:48	COLLINSON, Jeremy	Unattached	Male Vet 50-59	503	76
77	0:42:49	MCDONNELL, Chris	Havering 90	Male Vet 60-69	153	77
78	0:42:50	BROWN, Bradley	Barking Road Runners	Male Open	457	78
79	0:42:57	MCCARTHY, Barney	Unattached	Male Open	262	79
80	0:43:01	HANDS, Kenneth	Unattached	Male Vet 40-49	33	80
81	0:43:06	COPS, Matt	Benfleet RC	Male Open	114	81
82	0:43:10	STOCKS, Adrian	Blackheath & Bromley Harriers	Male Open	110	82
83	0:43:12	HOLDER, Julian	Pitsea RC	Male Vet 40-49	74	83
84	0:43:16	GRETTON, David	Tri Sport Epping	Male Vet 40-49	118	84
85	0:43:25	WARREN, Christopher	Unattached	Male Open	451	85
86	0:43:33	ALSTON, Richard	Road Runners Club	Male Vet 40-49	249	86
87	0:43:36	MORRISSEY, Danny	Thrift Green Trotters	Male Open	725	87
88	0:43:36	ELLETT, Ryan	KPMG Running Club	Male Open	672	88
89	0:43:37	READER, Rob	Unattached	Male Open	569	89
90	0:43:39	STANDING, Paul	Unattached	Male Open	575	90
91	0:43:50	BULLOCK, Jonathan	Chiltern Harriers AC	Male Vet 40-49	394	91
92	0:43:52	BLEWITT, Matt	Unattached	Male Open	579	92
93	0:43:52	RANDALL, Nevin	Springfield Striders	Male Vet 50-59	776	93
94	0:44:03	FENTON, Jeff	Havering 90	Male Vet 50-59	97	94
95	0:44:03	SAWYER, Duncan	Unattached	Male Open	502	95
96	0:44:05	VEALL, Craig	Unattached	Male Vet 40-49	473	96
97	0:44:13	NATHAN, Simon	Unattached	Male Open	116	97
98	0:44:14	WRAY, Shelly	Witham RC	Female Vet 35-44	64	98
99	0:44:20	POWELL, Trevor	Woodford Green & Essex	Male Vet 50-59	14	99
100	0:44:22	BEASLEY, John	Unattached	Male Vet 40-49	195	100
101	0:44:26	TWEEDIE, Clive	Havering 90	Male Vet 50-59	447	101
102	0:44:30	KETRIDGE, Daniel	Unattached	Male Open	279	102
103	0:44:39	DURN, Laura	Phoenix Striders	Female Open	83	103
104	0:44:44	COLEMAN, Stan	Unattached	Male Vet 60-69	727	104
105	0:44:45	RACHER, Graham	Unattached	Male Open	574	105
106	0:44:48	CARRICK, Ian	Unattached	Male Open	375	106
107	0:44:56	PROBERT, Nigel	Springfield Striders	Male Open	626	107
108	0:45:01	WISHART, Julie	Unattached	Female Open	158	108

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109	0:45:02	RIDLEY, Andrew	East Essex Tri	Male Open	159	109
110	0:45:03	CONINGTON, Chad	Unattached	Male Open	423	110
111	0:45:06	RUDD, Steven	Unattached	Male Open	404	111
112	0:45:07	HALL, Ian	Unattached	Male Vet 40-49	47	112
113	0:45:10	LANE, Dave	Unattached	Male Vet 40-49	98	113
114	0:45:12	BORAM, John	Benfleet RC	Male Vet 50-59	544	114
115	0:45:13	FARMER, Aaron	Unattached	Male Open	705	115
116	0:45:16	SKINNER, James	Benfleet RC	Male Vet 40-49	548	116
117	0:45:18	JEZZARD, Ian	Unattached	Male Open	210	117
118	0:45:19	SMITH, Paul	Unattached	Male Open	517	118
119	0:45:21	KING, COLIN	Havering 90	Male Open	124	119
120	0:45:22	MOLE, Denis	Havering 90	Male Vet 60-69	227	120
121	0:45:22	NATION, Richard	Unattached	Male Open	498	121
122	0:45:23	BALLARD, Emily	Basildon	Female Open	481	122
123	0:45:24	HARVEY, Jan	Unattached	Female Vet 35-44	80	123
124	0:45:26	TURNER, Tony	Unattached	Male Vet 40-49	731	124
125	0:45:28	THOMAS, Geraint	Unattached	Male Open	295	125
126	0:45:29	TOBIN, Anthony	Unattached	Male Open	272	126
127	0:45:31	JOHNSON, John	Unattached	Male Vet 60-69	479	127
128	0:45:33	SPRATT, Andrew	Unattached	Male Open	353	128
129	0:45:34	ARMSTRONG, Robert	Barking Road Runners	Male Vet 50-59	379	129
130	0:45:38	GUDGIN, Paul	Benfleet RC	Male Vet 40-49	685	130
131	0:45:40	CLAYTON, Fran	Unattached	Female Vet 35-44	695	131
132	0:45:41	LINCOLN, Christian	Unattached	Male Open	692	132
133	0:45:52	RICHARDSON, Simon	Unattached	Male Open	538	133
134	0:45:55	SKINNER, Jenny	Unattached	Female Open	485	134
135	0:45:55	MELLISH, Joe	Unattached	Male Open	687	135
136	0:45:56	JELLEY, Nick	Unattached	Male Open	417	136
137	0:45:56	FINCH, Jason	Unattached	Male Open	145	137
138	0:46:01	HEMMINGS, Mark	Havering 90	Male Open	367	138
139	0:46:01	THORNTON, Ben	Unattached	Male Open	708	139
140	0:46:03	MOON, Graeme	Unattached	Male Vet 50-59	608	140
141	0:46:05	DALE, Sue	Havering 90	Female Vet 45-54	371	141
142	0:46:08	GROUT, Mike	Benfleet RC	Male Open	546	142
143	0:46:09	WREN, John	Unattached	Male Vet 40-49	333	143
144	0:46:09	WYATT, Jonathan	Unattached	Male Open	128	144
145	0:46:10	JONES, Paul	Colchester & Tendering AC	Male Open	680	145
146	0:46:11	CHAPPELL, Ian	Pitsea RC	Male Vet 40-49	448	146
147	0:46:13	STEWART, Gary	Unattached	Male Open	296	147
148	0:46:19	ABEYWARDANA, Ravindra Lanka	Unattached	Male Open	122	148
149	0:46:20	STENNING, Matthew	Unattached	Male Open	48	149
150	0:46:20	COWLEY, Peter	Mount Pleasant AC	Male Vet 50-59	491	150
151	0:46:22	CROWE, Samantha	Benfleet RC	Female Vet 35-44	751	151
152	0:46:23	STERRY, Richard	Unattached	Male Open	199	152
153	0:46:28	FROST, Martin	Unattached	Male Open	79	153
154	0:46:29	LING, Melanie	Southend AC	Female Vet 45-54	684	154
155	0:46:31	BARTON, Susanne	Benfleet RC	Female Vet 35-44	551	155
156	0:46:32	MCGILVRAY, Kevin	Radcliffe Athletic Club	Male Vet 50-59	318	156
157	0:46:36	MCCARTHY, John	Unattached	Male Open	639	157
158	0:46:38	HOWARD, Kelvin	Unattached	Male Open	217	158
159	0:46:38	DIXON, Paul	Unattached	Male Vet 50-59	59	159
160	0:46:39	TARPEY, Patrick	Unattached	Male Open	460	160
161	0:46:40	HULL, Darran	Springfield Striders	Male Open	483	161
162	0:46:47	MACCARIELLO, Bettina	Thurrock Nomads	Female Vet 35-44	413	162
163	0:46:49	MACDONALD, Cheryl	Pitsea RC	Female Vet 45-54	266	163
164	0:46:49	GILLARD, Colin	Unattached	Male Vet 40-49	675	164

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165	0:46:50	PEARCE, James	Unattached	Male Open	120	165
166	0:46:51	HUTSON, Ben	Unattached	Male Open	628	166
167	0:46:52	MACAULAY, Jennifer	Springfield Striders	Female Open	438	167
168	0:47:00	WREN, Sarah	Unattached	Female Vet 35-44	332	168
169	0:47:01	COULSON, Myles	Unattached	Male Open	449	169
170	0:47:03	MUSE, Richard	Havering 90	Male Open	53	170
171	0:47:10	DAVIES, Len	Havering 90	Male Vet 50-59	164	171
172	0:47:13	HARRISON, Matthew	Unattached	Male Open	618	172
173	0:47:15	CRISP, Dianne	Ilford AC	Female Vet 45-54	208	173
174	0:47:18	DUDLEY, Dennis	Benfleet RC	Male Vet 50-59	556	174
175	0:47:19	HOWE, Anne	Unattached	Female Vet 35-44	778	175
176	0:47:20	WETHERIDGE, Mandy	Unattached	Female Vet 35-44	738	176
177	0:47:22	HIPKINS, Cherie	Great Bentley Running Club	Female Open	238	177
178	0:47:23	KING, Mark	Unattached	Male Open	39	178
179	0:47:24	BATES, Dean	Thrift Green Trotters	Male Vet 40-49	242	179
180	0:47:25	ANTHONY, Leckerman	Unattached	Male Vet 40-49	468	180
181	0:47:28	MANN, Simon	Unattached	Male Open	733	181
182	0:47:30	CASHMAN, Darren	Unattached	Male Vet 40-49	720	182
183	0:47:30	TAYLOR, Glen	Southend AC	Male Open	455	183
184	0:47:31	BROWN, Robert	Unattached	Male Vet 50-59	706	184
185	0:47:32	SHEA, Tim	Pitsea RC	Male Vet 40-49	121	185
186	0:47:35	GARDNER, Andrew	Unattached	Male Open	567	186
187	0:47:41	PAYNE, Nina	Unattached	Female Vet 35-44	462	187
188	0:47:46	CHAPLIN, Peter	Pitsea RC	Male Vet 50-59	769	188
189	0:47:50	ALDRIDGE, Wendy	Unattached	Female Vet 45-54	152	189
190	0:47:50	MAY, Luke	Unattached	Male Open	589	190
191	0:47:51	BERG, Stewart	Unattached	Male Vet 50-59	469	191
192	0:47:52	FAIRMAN, Nicholas	Unattached	Male Open	135	192
193	0:47:55	MANSFIELD, Christopher	Havering 90	Male Vet 40-49	181	193
194	0:47:55	MENDITTA, Karen	Havering 90	Female Vet 35-44	214	194
195	0:48:01	BROWN, Gary	Thrift Green Trotters	Male Open	693	195
196	0:48:02	BONNEY, Graham	Unattached	Male Vet 40-49	583	196
197	0:48:03	AGGUS, James	Unattached	Male Open	602	197
198	0:48:05	TIMBRELL, Jodie	Unattached	Female Open	724	198
199	0:48:07	HARRINGTON, Tracy	Blackwater Harriers	Female Vet 35-44	572	199
200	0:48:07	RODGER, Andy	Thurrock Nomads	Male Vet 40-49	543	200
201	0:48:10	SKINNER, Antony	Unattached	Male Open	486	201
202	0:48:12	HAWKINS, Fiona	Southend AC	Female Vet 35-44	376	202
203	0:48:15	JOHNS, Lisa	Unattached	Female Vet 35-44	7	203
204	0:48:17	SUETT, Paul	Unattached	Male Open	183	204
205	0:48:19	OUTEN, Samantha	Pitsea RC	Female Vet 35-44	3	205
206	0:48:21	LONG, David	Unattached	Male Open	524	206
207	0:48:22	POORE, Matthew	East Essex Tri	Male Open	236	207
208	0:48:23	PARROTT, Leonard	Havering	Male Vet 70+	141	208
209	0:48:32	WHITE, Kelvin	Unattached	Male Open	178	209
210	0:48:32	MCDONNELL, Joe	Havering 90	Male Open	154	210
211	0:48:33	ARCHER, Paul	Unattached	Male Open	493	211
212	0:48:33	HALL, Duncan	Unattached	Male Open	629	212
213	0:48:36	O'CONNOR, Laura	Unattached	Female Open	206	213
214	0:48:38	WILLS, Stephen	Unattached	Male Vet 40-49	24	214
215	0:48:39	DABHI, Venita	Newham & Essex Beagles	Female Open	185	215
216	0:48:40	FENTIMAN, Ross	Unattached	Male Open	78	216
217	0:48:41	MOLAND, David	Unattached	Male Vet 40-49	75	217
218	0:48:42	COLLIER, Martin	Unattached	Male Vet 50-59	255	218
219	0:48:47	CHALKEY, Rita	Witham RC	Female Open	773	219
220	0:48:48	JOLLY, Stephen	Unattached	Male Vet 50-59	23	220

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221	0:48:49	RAISON, Stephen	Unattached	Male Vet 40-49	632	221
222	0:48:50	HILL, Jeremy	Unattached	Male Open	170	222
223	0:48:51	JOYCE, Tony	Unattached	Male Vet 50-59	292	223
224	0:48:53	MOSES, Neil	Havering 90	Male Vet 40-49	146	224
225	0:48:53	LING, Alice	Southend AC	Female Open	683	225
226	0:48:53	NEWELL, Julia	Unattached	Female Open	494	226
227	0:48:53	MITCHELL, Paul	Unattached	Male Open	458	227
228	0:48:54	CLARKE, Rachel	Unattached	Female Open	619	228
229	0:48:55	SCANLON, Barry	Unattached	Male Open	282	229
230	0:48:56	PETTIFER, Lorna	Pitsea RC	Female Vet 35-44	490	230
231	0:48:57	ADAMS, Sara	Unattached	Female Vet 35-44	530	231
232	0:48:59	JOHNSON, Robert	Benfleet RC	Male Vet 40-49	747	232
233	0:49:01	WARD, Stephen	Benfleet RC	Male Vet 40-49	513	233
234	0:49:05	BALDWIN, Ase	Unattached	Female Vet 45-54	777	234
235	0:49:07	PARKINS, Andy	Unattached	Male Vet 40-49	612	235
236	0:49:09	SHAW, Carol	Sudbury Joggers	Female Vet 45-54	432	236
237	0:49:09	MARSHALL, Simon	Unattached	Male Open	57	237
238	0:49:17	CHAMBERLAIN, Brian	Unattached	Male Vet 50-59	117	238
239	0:49:21	MCCULLAGH, Nick	Castle Point Joggers	Male Vet 50-59	510	239
240	0:49:25	ALLISON, Richard	Unattached	Male Open	605	240
241	0:49:28	LOWRY, Paul	Castle Point Joggers	Male Open	301	241
242	0:49:29	BELAON, Sarah	Benfleet RC	Female Open	557	242
243	0:49:29	CANO-LOPEZ, Jonathan	Unattached	Male Vet 40-49	696	243
244	0:49:35	REDDISH, Morgan	Benfleet RC	Male Vet 40-49	547	244
245	0:49:36	WILKINSON, Nick	Unattached	Male Vet 50-59	593	245
246	0:49:38	AURIGHI, Simone	Colchester Harriers	Male Open	568	246
247	0:49:38	ROBERTS, Ruth	Phoenix Striders	Female Vet 35-44	38	247
248	0:49:38	HAWKINS, Chris	Unattached	Male Open	452	248
249	0:49:41	WILKINS, Trevor	Unattached	Male Vet 40-49	171	249
250	0:49:41	PETTIFER, John	Pitsea RC	Male Vet 60-69	489	250
251	0:49:43	FONTAINE, Nancy	Thrift Green Trotters	Female Vet 35-44	570	251
252	0:49:45	CLARKE, Maxine	Phoenix Striders	Female Vet 45-54	688	252
253	0:49:46	RICKARD, John	Castle Point Joggers	Male Vet 50-59	522	253
254	0:49:49	TIGHE, Claire	Havering 90	Female Vet 35-44	366	254
255	0:49:50	SEAGER, Sukhan	Unattached	Female Vet 35-44	173	255
256	0:49:51	DUFFIELD, Roger	Tiptree RR	Male Vet 60-69	252	256
257	0:49:58	ENDERS, Scott	Witham RC	Male Open	69	257
258	0:49:59	TATCHELL, Paul	Unattached	Male Vet 40-49	355	258
259	0:50:00	MUNTON, John	Kingswood	Male Open	26	259
260	0:50:02	SPONG, Ray	Unattached	Male Vet 50-59	196	260
261	0:50:02	GREENHALGH, Gordon	Unattached	Male Open	67	261
262	0:50:03	HEWITT, George	Mid Essex Casuals	Male Vet 70+	416	262
263	0:50:03	KELLY, Joanne	Unattached	Female Open	140	263
264	0:50:05	DAVIES, Deborah	Havering 90	Female Vet 45-54	163	264
265	0:50:06	WILBY, Michael	Barking Road Runners	Male Vet 40-49	650	265
266	0:50:07	BOOM, Karen	Unattached	Female Vet 35-44	319	266
267	0:50:09	GODIER, Neil	Springfield Striders	Male Vet 40-49	713	267
268	0:50:13	PARSONS, Sandra	Kingswood	Female Vet 45-54	41	268
269	0:50:15	GAJBUTOWICZ, Andrzej	Victoria Park Harriers	Male Vet 50-59	506	269
270	0:50:18	BARBER, Jo	Benfleet RC	Female Open	554	270
271	0:50:18	MORLEY, Stewart	Benfleet RC	Male Vet 40-49	464	271
272	0:50:23	MUNTON, Sarah	Kingswood	Female Vet 35-44	27	272
273	0:50:27	SMITH, Debbie	Unattached	Female Vet 45-54	426	273
274	0:50:32	BRAZIER, Ian	Springfield Striders	Male Open	492	274
275	0:50:32	ACTON, Steve	Unattached	Male Vet 40-49	499	275
276	0:50:33	PASHLEY, David	Unattached	Male Open	482	276

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277	0:50:36	PAYNE, Kenneth	Unattached	Male Vet 40-49	463	277
278	0:50:37	SNOW, Rupert	Unattached	Male Open	36	278
279	0:50:37	FRIBBINS, Michael	Havering 90	Male Vet 50-59	369	279
280	0:50:39	MOON, Chloe	Loughton AC	Female Open	607	280
281	0:50:41	GILBEY, Ken	Unattached	Male Vet 50-59	415	281
282	0:50:41	ANSELL, Simon	Unattached	Male Open	501	282
283	0:50:45	PLUCKNETT, Jay	Unattached	Male Open	698	283
284	0:50:49	BELL, Linda	KPMG Running Club	Female Open	673	284
285	0:50:50	GREAVES, Jean	Benfleet RC	Female Vet 45-54	230	285
286	0:50:50	WYNDHAM, John Paul	Unattached	Male Open	132	286
287	0:50:51	DUTSON MBE, Adrian	Unattached	Male Vet 50-59	578	287
288	0:50:51	POTTER, Cliff	Road Runners Club	Male Vet 50-59	770	288
289	0:50:52	JENNINGS, Paul	Unattached	Male Open	94	289
290	0:50:52	MACAULAY, Sheila	Springfield Striders	Female Vet 55-64	437	290
291	0:50:57	SHEEKY, Steve	Havering 90	Male Vet 40-49	362	291
292	0:50:58	FLANNIGAN, Teresa Jane	Pitsea RC	Female Vet 55-64	20	292
293	0:51:01	BARNES, Kevin	Unattached	Male Open	723	293
294	0:51:01	BIRDSALL, John	Unattached	Male Vet 50-59	288	294
295	0:51:01	BARR, Stephen	Unattached	Male Open	61	295
296	0:51:03	HOUGHAM, Donna	Unattached	Female Vet 35-44	657	296
297	0:51:04	HENDERSON, Tina	Club Woodham	Female Vet 35-44	357	297
298	0:51:04	TRAVIS, Chris	Unattached	Male Vet 40-49	445	298
299	0:51:06	ROBERTSON, Mark	Unattached	Male Vet 40-49	302	299
300	0:51:11	VALE, Chris	Unattached	Male Open	316	300
301	0:51:17	ARMSTRONG, Ceri	Thurrock Nomads	Female Open	615	301
302	0:51:22	BARRETT, John	Unattached	Male Vet 40-49	283	302
303	0:51:23	PHILLIPS, Michael	Havering 90	Male Vet 60-69	162	303
304	0:51:24	BAKER, Gill	Unattached	Female Vet 35-44	119	304
305	0:51:24	WHITE, Chris	Unattached	Male Vet 40-49	106	305
306	0:51:26	MOTLEY, Anne	Thrift Green Trotters	Female Vet 35-44	734	306
307	0:51:26	DONALD, Pauline	Unattached	Female Open	406	307
308	0:51:27	RIPPON, John	Unattached	Male Open	211	308
309	0:51:28	PASSINGHAM, Keith	Pitsea RC	Male Vet 50-59	184	309
310	0:51:30	THORNTON, Gary	Unattached	Male Vet 50-59	707	310
311	0:51:33	COLLIER, Peter	Fitness First Flyers	Male Vet 50-59	395	311
312	0:51:33	SUSSEX, John	Unattached	Male Vet 50-59	30	312
313	0:51:37	TOMPKINS, Helen	Pitsea RC	Female Vet 45-54	46	313
314	0:51:39	GORDON, Adam	Unattached	Male Open	647	314
315	0:51:40	PEGLER, Paul	Treasury Runners	Male Vet 50-59	381	315
316	0:51:41	WINGROVE, Timothy	Unattached	Male Open	736	316
317	0:51:44	HILL, Tracy	Havering 90	Female Vet 45-54	161	317
318	0:51:44	BECKWITH, Mervyn	Pitsea RC	Male Vet 50-59	175	318
319	0:51:46	BURROWS, Karen	Unattached	Female Vet 45-54	220	319
320	0:51:47	MARKS, David	Unattached	Male Vet 40-49	374	320
321	0:51:47	JENNETT, Jim	Unattached	Male Vet 50-59	9	321
322	0:51:51	RAY, Steve	Dagenham 88 Runners	Male Open	761	322
323	0:51:52	SMITH, Paul	Unattached	Male Vet 40-49	309	323
324	0:51:57	KETTLEWELL, Jon	Unattached	Male Vet 40-49	200	324
325	0:51:57	WATERS, Patrick	Castle Point Joggers	Male Vet 60-69	62	325
326	0:52:01	TIMBRELL, Greg	Thrift Green Trotters	Male Open	726	326
327	0:52:11	MCDONNELL, Steven	Havering 90	Male Open	156	327
328	0:52:12	CROSS, Ian	Unattached	Male Vet 40-49	532	328
329	0:52:13	MOLD, Sue	Witham RC	Female Vet 35-44	677	329
330	0:52:14	KAVANAGH, Pam	Benfleet RC	Female Vet 35-44	418	330
331	0:52:14	TEER, Robert	Thurrock Nomads	Male Vet 60-69	616	331
332	0:52:15	MYERS, Edward	Unattached	Male Vet 50-59	521	332

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333	0:52:16	BOYES, Keith	Unattached	Male Vet 40-49	421	333
334	0:52:22	WILLIAMS, Paul	Pitsea RC	Male Vet 50-59	45	334
335	0:52:23	MCVEIGH, Martin	Havering	Male Vet 60-69	286	335
336	0:52:25	PRICE, Lara	Unattached	Female Vet 35-44	398	336
337	0:52:25	HANSFORD, Seamus	Unattached	Male Open	588	337
338	0:52:27	PENFOLD, Keith	Havering 90	Male Vet 50-59	368	338
339	0:52:29	BRIFFAUT, Stephane	Benfleet RC	Male Vet 40-49	550	339
340	0:52:30	HAIGH, Naomi	Unattached	Female Open	487	340
341	0:52:33	LAW, Darren	Unattached	Male Vet 40-49	606	341
342	0:52:37	MACK, Samantha	Unattached	Female Vet 35-44	241	342
343	0:52:41	GURNER, Alison	Unattached	Female Open	598	343
344	0:52:42	BARNES, Laura	Unattached	Female Open	586	344
345	0:52:42	HARRISON, Dave	Unattached	Male Open	587	345
346	0:52:46	YAXLEY, Darren	Unattached	Male Open	107	346
347	0:52:46	BIGDON, Scott	Unattached	Male Vet 40-49	750	347
348	0:52:48	GOODSPEED, Philip	Unattached	Male Vet 40-49	594	348
349	0:52:57	HOLMES, Emma	Unattached	Female Vet 35-44	44	349
350	0:52:58	MCDONNELL, Barbara	Havering 90	Female Vet 45-54	157	350
351	0:52:59	HOLTER, Jorg	Unattached	Male Vet 40-49	653	351
352	0:52:59	WILLIAMS, Robert	Unattached	Male Vet 50-59	504	352
353	0:53:00	ORREY, Emma	Unattached	Female Vet 35-44	388	353
354	0:53:06	CLAPSON, Sam	Unattached	Male Open	326	354
355	0:53:08	STONE, Vicky	Unattached	Female Open	755	355
356	0:53:08	SAICH, Jamie	Unattached	Male Vet 40-49	240	356
357	0:53:10	JOHNSON, Tracey	Unattached	Female Vet 45-54	389	357
358	0:53:11	EWIN, Brian	Leigh on Sea Striders	Male Vet 50-59	419	358
359	0:53:14	HURRELL, Karen	Road Runners Club	Female Vet 45-54	401	359
360	0:53:16	HART, Lisa	Unattached	Female Vet 35-44	215	360
361	0:53:17	SHERWIN, Kerry	Unattached	Female Vet 35-44	312	361
362	0:53:17	SLADE, Catherine	Thrift Green Trotters	Female Vet 45-54	328	362
363	0:53:18	JARVIS, Louise	Unattached	Female Open	143	363
364	0:53:18	PEARCE, Mark	Unattached	Male Vet 40-49	505	364
365	0:53:19	ARMSTRONG, Carolyn	Unattached	Female Open	130	365
366	0:53:19	MULLAN, Amanda	Unattached	Female Vet 35-44	165	366
367	0:53:21	JOHNSON, Kirk	Benfleet RC	Male Open	748	367
368	0:53:24	PURNELL, Jim	Unattached	Male Vet 60-69	686	368
369	0:53:25	STARLING, Marion	Unattached	Female Vet 35-44	714	369
370	0:53:32	SCANLON, John	Unattached	Male Open	739	370
371	0:53:33	SHELLITO, Diane	East Essex Tri	Female Vet 35-44	297	371
372	0:53:34	GOWLAND, Deborah	Unattached	Female Open	760	372
373	0:53:37	COEDEL, Caroline	Pitsea RC	Female Vet 55-64	40	373
374	0:53:39	SULLIVAN, David	Unattached	Male Vet 40-49	749	374
375	0:53:41	WILLIAMS, Marcelle	Unattached	Female Vet 45-54	293	375
376	0:53:42	WARD, Susan	Benfleet RC	Female Vet 55-64	512	376
377	0:53:48	LAMB, Gemma	Unattached	Female Open	699	377
378	0:53:52	JACKSON, Michael	Unattached	Male Vet 50-59	625	378
379	0:53:54	SCOTT, Jamie	Unattached	Male Open	115	379
380	0:53:56	DOBIE, Ronald	Havering 90	Male Vet 40-49	370	380
381	0:53:58	MCHALE, Julie	Springfield Striders	Female Vet 35-44	260	381
382	0:53:59	CALLOW, Vicky	Thurrock Nomads	Female Open	198	382
383	0:54:00	ASHLEY, Philip	Benfleet RC	Male Vet 40-49	722	383
384	0:54:01	PARISH, Brian	Havering 90	Male Open	151	384
385	0:54:09	CLARK, Ian	Unattached	Male Vet 40-49	711	385
386	0:54:12	ROBINSON, Liam	Unattached	Male Vet 40-49	104	386
387	0:54:15	SHAW, Robert	Sudbury Joggers	Male Vet 50-59	433	387
388	0:54:18	BURROUGHS, Laura	Benfleet RC	Female Open	565	388

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389	0:54:21	DYER, Mary	Havering 90	Female Open	160	389
390	0:54:21	GREEN, Sara	Benfleet RC	Female Vet 35-44	564	390
391	0:54:24	LEE, Tracy	Unattached	Female Vet 35-44	105	391
392	0:54:29	COTTERILL, Dawn	The Running Sisterhood	Female Vet 35-44	507	392
393	0:54:30	HAMMETT, Apryl	Unattached	Female Vet 35-44	638	393
394	0:54:34	DOWSETTE, Ross	Unattached	Male Open	715	394
395	0:54:37	MCGILVRAY, Alastair	Radcliffe Athletic Club	Male Open	317	395
396	0:54:37	BRITTAIN, Andrew	Unattached	Male Open	340	396
397	0:54:38	CRISP, Lynda	Benfleet RC	Female Vet 55-64	553	397
398	0:54:41	WILLIAMSON, Nigel	Unattached	Male Vet 40-49	271	398
399	0:54:47	HEMSTOCK, Reg	Unattached	Male Open	649	399
400	0:54:48	HUNT, Richard	Unattached	Male Vet 40-49	509	400
401	0:54:50	CHRISTIAN, Nick	Unattached	Male Open	228	401
402	0:54:52	ROBBINS, Martin	Benfleet RC	Male Vet 40-49	385	402
403	0:54:54	LAWSON, Stephen	Havering 90	Male Vet 50-59	193	403
404	0:54:58	MCCARTHY, Jason	Benfleet RC	Male Open	742	404
405	0:55:00	SPENCER-PERKINS, Dennis	Barking Road Runners	Male Vet 50-59	660	405
406	0:55:01	COURTIER, Robert	Barking Road Runners	Male Vet 50-59	689	406
407	0:55:02	PERRY, Chris	Unattached	Male Open	669	407
408	0:55:03	GORE, Jeremy	Unattached	Male Vet 40-49	123	408
409	0:55:04	PEARCE, Helen	Unattached	Female Vet 35-44	520	409
410	0:55:08	WHEELER, Paul	Unattached	Male Open	402	410
411	0:55:09	BATES, Peter	Pitsea RC	Male Vet 60-69	284	411
412	0:55:11	OSMOTHERLY, Lee	Unattached	Male Open	150	412
413	0:55:13	LOWERY, Richard	Benfleet RC	Male Open	679	413
414	0:55:14	MERCER, Thelma	Unattached	Female Vet 55-64	12	414
415	0:55:14	HEWITT, Tim	Unattached	Male Vet 40-49	409	415
416	0:55:15	CLIFFORD, Colin	Havering 90	Male Vet 60-69	359	416
417	0:55:17	HAY, Alex	Heart Beaters	Male Vet 50-59	642	417
418	0:55:18	GUNNING, Julie	Heart Beaters	Female Vet 45-54	641	418
419	0:55:24	LEE, Graham	GP Triathlon	Male Open	96	419
420	0:55:35	EVANS, Norman	Unattached	Male Vet 50-59	531	420
421	0:55:37	CROWLEY, Barbara	Thrift Green Trotters	Female Vet 65+	533	421
422	0:55:37	CHESHIRE, Lynette	Unattached	Female Vet 55-64	37	422
423	0:55:43	LUCIEN, Marie	Havering 90	Female Vet 55-64	372	423
424	0:55:46	GREENSILL, Mark	Unattached	Male Vet 40-49	289	424
425	0:55:51	HOWE, John	Unattached	Male Vet 50-59	15	425
426	0:55:52	DAINES, Nichola	Unattached	Female Open	34	426
427	0:56:00	EASTLAND, Sharon	Fitness First Flyers	Female Open	519	427
428	0:56:04	BRAYBROOK, John	Havering 90	Male Vet 40-49	54	428
429	0:56:08	WILLIAMS, John	Unattached	Male Open	300	429
430	0:56:08	KESTIN, Jo	Unattached	Female Open	648	430
431	0:56:09	POLLASTRETTI, Anita	Springfield Striders	Female Open	691	431
432	0:56:09	SIEWERTSEN, George	Dagenham 88 Runners	Male Vet 60-69	431	432
433	0:56:10	WALTON, Alex	Unattached	Female Open	670	433
434	0:56:11	ISAACS, Lee	Havering 90	Male Vet 40-49	363	434
435	0:56:11	CRONIN, Joanne	Unattached	Female Open	111	435
436	0:56:16	WOOD, Jonathan	Unattached	Male Vet 40-49	631	436
437	0:56:32	BYROM, Andy	Unattached	Male Vet 40-49	278	437
438	0:56:33	SEYMOUR, Angela	Thrift Green Trotters	Female Open	577	438
439	0:56:35	TAYLOR, Lin	Unattached	Female Vet 35-44	287	439
440	0:56:37	WILKINSON, Lisa	Kingswood	Female Vet 45-54	63	440
441	0:56:38	CLESHAM, Gerald	Unattached	Male Vet 40-49	435	441
442	0:56:39	STONE, Matthew	Unattached	Male Open	604	442
443	0:56:45	WILLIAMS, Gary	Thrift Green Trotters	Male Vet 40-49	321	443
444	0:56:46	MURPHY, Gary	Unattached	Male Open	652	444

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445	0:56:46	CLAIR, Lucy	Unattached	Female Open	391	445
446	0:56:49	STANDING, Angie	Unattached	Female Vet 55-64	592	446
447	0:56:53	GOODSPEED, Maria	Unattached	Female Vet 35-44	337	447
448	0:56:57	BINGHAM, Laura	Unattached	Female Open	603	448
449	0:57:00	BINGHAM, Stephen	Unattached	Male Vet 40-49	614	449
450	0:57:04	FROST, Adrian	Unattached	Male Open	101	450
451	0:57:04	BORTON, Julie	Unattached	Female Vet 45-54	746	451
452	0:57:06	LOZOWSKI, Billy-Ray	Unattached	Male Open	476	452
453	0:57:06	HUNT, Sharon	The Running Sisterhood	Female Vet 35-44	508	453
454	0:57:08	BARDRICK, Karen	Benfleet RC	Female Vet 45-54	562	454
455	0:57:16	DOYLE, Leah	Unattached	Female Open	298	455
456	0:57:20	DEMPSEY, Julie	Unattached	Female Vet 45-54	125	456
457	0:57:21	HOWE, Andrew	Unattached	Male Vet 50-59	779	457
458	0:57:22	O'SULLIVAN, Sean	Unattached	Male Vet 50-59	467	458
459	0:57:22	CLESHAM, Mary	Unattached	Female Vet 45-54	436	459
460	0:57:23	BEGLEY, Lisa	Unattached	Female Vet 35-44	529	460
461	0:57:30	BEARD, Josephine	Unattached	Female Vet 45-54	380	461
462	0:57:32	TAYLOR, Jacqueline	David Lloyd Basildon	Female Vet 35-44	478	462
463	0:57:34	HOY, Michael	Benfleet RC	Male Vet 40-49	559	463
464	0:57:35	LANDERYOU, Alan	Unattached	Male Open	148	464
465	0:57:35	WOOD, Louise	Unattached	Female Open	576	465
466	0:57:41	ROWLANDS, Kirstie	Unattached	Female Open	290	466
467	0:57:45	EMMETT, Darren	Unattached	Male Vet 40-49	582	467
468	0:57:45	KIRBY, Joe	Unattached	Male Vet 40-49	383	468
469	0:57:46	RANDALL, Carol	Unattached	Female Vet 45-54	654	469
470	0:57:48	ROBERTSON, Sue	Unattached	Male Open	142	470
471	0:57:53	LEWIS, Claire	Unattached	Female Vet 35-44	712	471
472	0:57:56	OVERTON, Helen	Unattached	Female Vet 35-44	338	472
473	0:57:59	WASTELL, Keith	Thameside RC	Male Vet 60-69	347	473
474	0:58:02	CLAY, Richard	Spitfire Running Club	Male Vet 40-49	248	474
475	0:58:05	CRISP, John	Benfleet RC	Male Vet 60-69	552	475
476	0:58:07	GOULDING, John	Benfleet RC	Male Vet 40-49	558	476
477	0:58:08	PATON, Matthew	Ford Fitness	Male Open	233	477
478	0:58:11	HINKLEY, Debra	Unattached	Female Vet 35-44	269	478
479	0:58:13	COWAN, Margaret	Istead & Ifield Harriers	Female Vet 45-54	702	479
480	0:58:14	COWAN, Alan	Istead & Ifield Harriers	Male Vet 50-59	703	480
481	0:58:17	CORNELIUS, Neil	Unattached	Male Open	331	481
482	0:58:20	MYERS, Gary	Essex Police Athletics Club	Male Vet 50-59	280	482
483	0:58:21	SIMPSON, Linda	Unattached	Female Vet 45-54	345	483
484	0:58:21	SULLY, Deborah	Unattached	Female Vet 45-54	344	484
485	0:58:22	DUO, Keith	Unattached	Male Vet 50-59	535	485
486	0:58:26	BURCHETT, Paul	Havering 90	Male Vet 50-59	209	486
487	0:58:30	LITTLE, Nancy	Unattached	Female Vet 35-44	771	487
488	0:58:32	PEMBERTON, Donna	The Running Sisterhood	Female Vet 35-44	697	488
489	0:58:34	DEAN, Mandy	Unattached	Female Open	234	489
490	0:58:47	LINTOTT, Karen	Unattached	Female Vet 45-54	461	490
491	0:58:48	JENKINS, Michael	Unattached	Male Vet 50-59	424	491
492	0:58:53	WILSON, Victoria	Leigh on Sea Striders	Female Vet 35-44	411	492
493	0:58:54	GOODWIN, Sarah	Unattached	Female Vet 35-44	537	493
494	0:58:55	WILLIAMS, Jude	Unattached	Female Vet 35-44	339	494
495	0:58:55	SMITH, Gary	Unattached	Male Vet 40-49	659	495
496	0:59:00	SMITH, Declan	Unattached	Male Vet 60-69	516	496
497	0:59:02	PALMER, Sue	The Running Sisterhood	Female Vet 35-44	678	497
498	0:59:08	PARSONS, David	Kingswood	Male Vet 40-49	42	498
499	0:59:08	HOLLAND, David	Havering	Male Vet 60-69	137	499
500	0:59:11	BOOTY, Heather	Unattached	Female Vet 35-44	590	500

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501	0:59:13	MAXWELL-SMITH, Laura	Unattached	Female Open	204	501
502	0:59:20	HARDING, Terry	Unattached	Male Vet 50-59	396	502
503	0:59:24	FURNER, Julie	Thurrock Nomads	Female Vet 35-44	351	503
504	0:59:25	AMIES, Wendy	Unattached	Female Vet 35-44	17	504
505	0:59:26	HARE, Denise	Unattached	Female Vet 45-54	18	505
506	0:59:28	OVEL, Mark	Unattached	Male Open	10	506
507	0:59:30	JOHNSON, Paul	Benfleet RC	Male Vet 40-49	560	507
508	0:59:36	HOPWOOD, Tony	Unattached	Male Open	273	508
509	0:59:36	PERRY, Graham	FVS Tri	Male Vet 40-49	756	509
510	0:59:45	STURGEON, Rose	Unattached	Female Vet 45-54	187	510
511	0:59:49	FULLER, Lisa Anne	Fitness First Flyers	Female Vet 35-44	251	511
512	0:59:51	FAIRES, Rachel	Witham RC	Female Open	65	512
513	0:59:54	BUTTERWORTH, Deborah	Unattached	Female Vet 35-44	103	513
514	0:59:54	GLADMAN, Andrew	Epsom Allsorts	Male Open	425	514
515	0:59:54	FREEMAN, Zara	Unattached	Female Vet 35-44	270	515
516	0:59:55	WATERHOUSE, Andrew	Serpentine Running Club	Male Open	354	516
517	0:59:55	DUDLEY, Keely	Heart Beaters	Female Vet 35-44	645	517
518	0:59:55	CHAPMAN, Bob	Benfleet RC	Male Vet 40-49	666	518
519	1:00:00	PATON, Barry	Ford Fitness	Male Vet 60-69	232	519
520	1:00:03	FINLAY, Kieron	Unattached	Male Vet 40-49	655	520
521	1:00:07	WOOLLETT, Samantha	The Running Sisterhood	Female Vet 35-44	728	521
522	1:00:10	HOWE, Jennifer	Unattached	Female Vet 45-54	16	522
523	1:00:20	GODFREY, Ruth	Unattached	Female Vet 35-44	246	523
524	1:00:30	BERG, Keeley	Unattached	Female Open	315	524
525	1:00:30	WILLIAMS, Kate	Unattached	Female Open	299	525
526	1:00:35	WHITE, Martyn	Unattached	Male Vet 40-49	581	526
527	1:00:45	HOSLER, John	Havering 90	Male Vet 60-69	361	527
528	1:00:49	FITZPATRICK, Rebecca	Unattached	Female Vet 35-44	386	528
529	1:00:50	RICHARDSON, Keith	Unattached	Male Vet 60-69	495	529
530	1:00:52	THOMPSON, Debbie	Thrift Green Trotters	Female Vet 45-54	585	530
531	1:00:54	TAYLOR, Val	Unattached	Female Vet 55-64	72	531
532	1:00:56	LEUNG, Tina	Thrift Green Trotters	Female Vet 55-64	378	532
533	1:00:57	SULEMAN, Nasreen	Thrift Green Trotters	Female Open	694	533
534	1:00:59	CHOWLES, Eileen	Spitfire Running Club	Female Vet 45-54	264	534
535	1:01:07	MCDONNELL, Dan	Havering 90	Male Open	155	535
536	1:01:07	BARRETT, Steven	Unattached	Male Open	221	536
537	1:01:10	COLLIER, Andrew	Unattached	Male Vet 40-49	663	537
538	1:01:10	BATES, Terry	Bateseys	Male Vet 60-69	525	538
539	1:01:13	WILSON, Daniel	Unattached	Male Open	573	539
540	1:01:18	HEFFERNAN, Roisin	Unattached	Female Open	408	540
541	1:01:19	BENTALL, Michelle	Unattached	Female Open	472	541
542	1:01:26	REID, Sharon	Havering 90	Female Vet 35-44	400	542
543	1:01:28	CASHMAN, Tracey	Unattached	Female Vet 35-44	719	543
544	1:01:31	HARK, Nicola	Unattached	Female Open	646	544
545	1:01:38	CHAPLIN, Robert	Castle Point Joggers	Male Vet 50-59	768	545
546	1:01:39	WARNER, Jonathan	Unattached	Male Vet 50-59	453	546
547	1:01:40	PALMER, Tony	Unattached	Male Open	329	547
548	1:01:48	KIRBY, Linda	Unattached	Female Vet 35-44	382	548
549	1:01:49	DYMOND, Elizabeth	Unattached	Female Vet 45-54	77	549
550	1:01:50	SLADE, Trevor	Thrift Green Trotters	Male Vet 40-49	327	550
551	1:01:56	SAMBIDGE, Kim	Unattached	Female Open	11	551
552	1:02:09	EVANS, Phillipa	Unattached	Female Vet 35-44	732	552
553	1:02:23	BEATTIE, V	Thrift Green Trotters	Female Open	630	553
554	1:02:25	FARMER, Steve	Unattached	Male Open	440	554
555	1:02:27	BULLOCK, Marion	Southend AC	Female Vet 65+	392	555
556	1:02:30	FOSTER, Michelle	Unattached	Female Open	399	556

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
557	1:02:30	HYAM, Richard	Unattached	Male Open	439	557
558	1:02:31	ABEYWARDANA, Varunie	Unattached	Female Open	108	558
559	1:02:34	BATES, Linda	Pitsea RC	Female Vet 55-64	285	559
560	1:02:43	FLOYD, Helena	Thrift Green Trotters	Female Vet 45-54	757	560
561	1:02:44	MCNAIR, Nicola	Unattached	Female Vet 45-54	584	561
562	1:02:55	ROWLANDS, Michele	Unattached	Female Vet 45-54	740	562
563	1:02:58	SHIELL, Lisa	Unattached	Female Vet 35-44	190	563
564	1:03:09	COX, John	Unattached	Male Vet 50-59	192	564
565	1:03:09	O'CALLAGHAN, Susan	Havering 90	Female Vet 35-44	496	565
566	1:03:12	JACK, Bob	Bungay Black Dog Runners	Male Vet 40-49	763	566
567	1:03:13	WITTE, Laurence	Unattached	Male Vet 50-59	6	567
568	1:03:15	EATON, Helen	Unattached	Female Vet 55-64	466	568
569	1:03:15	GODFREY, Robert	Unattached	Male Open	223	569
570	1:03:18	TERESA, Jones	Unattached	Female Vet 35-44	442	570
571	1:03:18	JONES, Ian	Unattached	Male Vet 40-49	441	571
572	1:03:18	HARRISON, Gillian	Pitsea RC	Female Vet 45-54	218	572
573	1:03:20	BRAY, Gill	Havering 90	Female Vet 45-54	365	573
574	1:03:31	STEVENSON, Tara	Unattached	Female Vet 35-44	640	574
575	1:03:35	WILSON, Michael	Leigh on Sea Striders	Male Vet 60-69	412	575
576	1:03:35	PRESTON, Elizabeth	Havering 90	Female Vet 55-64	219	576
577	1:03:43	GORDON, Gina	Unattached	Female Vet 35-44	127	577
578	1:03:43	POLAIN, Dawn	Unattached	Female Vet 35-44	207	578
579	1:03:45	GOWERS, Helen	Unattached	Female Open	275	579
580	1:03:58	MILLIN, Rob	Unattached	Male Open	276	580
581	1:03:59	SMITH, Michelle	Unattached	Female Vet 35-44	308	581
582	1:03:59	JOHNSON, Niki	Unattached	Female Open	311	582
583	1:04:00	POVEY, June	Unattached	Female Vet 45-54	407	583
584	1:04:01	BRADSHAW, Louise	Havering 90	Female Vet 35-44	471	584
585	1:04:14	OWENS, Graham	Unattached	Male Vet 40-49	710	585
586	1:04:18	JORDAN, Ian	Benfleet RC	Male Vet 40-49	545	586
587	1:04:24	JORDAN, Mike	Benfleet RC	Male Open	561	587
588	1:04:24	MCGUIRE, Kerry-Lee	Heart Beaters	Female Vet 35-44	644	588
589	1:04:30	WOODYARD, Paul	Unattached	Male Open	497	589
590	1:04:48	HUNT, Claire	Unattached	Female Open	31	590
591	1:04:49	CLEMENT, Carol	Unattached	Female Vet 45-54	85	591
592	1:04:53	CLARK, Lynn	Thrift Green Trotters	Female Vet 45-54	84	592
593	1:05:16	PYM, Gill	The Running Sisterhood	Female Vet 45-54	681	593
594	1:05:22	HARRIS, Valerie	The Running Sisterhood	Female Vet 35-44	704	594
595	1:05:22	PERRETT, Linda	The Running Sisterhood	Female Vet 45-54	682	595
596	1:05:23	ALLEN, Jenny	Phoenix Striders	Female Open	66	596
597	1:05:37	VICTORY, John	Unattached	Male Vet 60-69	194	597
598	1:05:51	COTTRELL, Rebecca	Unattached	Female Open	429	598
599	1:05:52	TAIT, Vicki	Unattached	Female Open	428	599
600	1:05:53	SMITH, Colette	Unattached	Female Open	518	600
601	1:05:53	SACH, Tracy	The Running Sisterhood	Female Vet 35-44	700	601
602	1:05:54	BULLOCK, Tony	Southend AC	Male Vet 70+	393	602
603	1:05:58	STREET, Bob	Unattached	Male Vet 70+	623	603
604	1:06:00	JACKSON, Corinne	Unattached	Female Open	718	604
605	1:06:01	BARRETT, Michael	Unattached	Male Open	752	605
606	1:06:06	FORMOSA, Sarah	Benfleet RC	Female Open	741	606
607	1:06:47	MARSHAM, Linda	Havering 90	Female Vet 45-54	373	607
608	1:06:48	TURNER, Colin	Havering 90	Male Vet 60-69	167	608
609	1:06:48	SANDFORD, Rosalind	Unattached	Female Vet 55-64	754	609
610	1:06:52	MCARTHUR, Hannah	Thrift Green Trotters	Female Open	191	610
611	1:07:03	CHALMERS, Caroline	Thrift Green Trotters	Female Open	352	611
612	1:07:09	NICOLA, Maslen	Phoenix Striders	Female Vet 35-44	774	612

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613	1:07:13	CLARKE, Sheila	Phoenix Striders	Female Vet 65+	336	613
614	1:07:23	COLE, Ha	Unattached	Female Vet 35-44	721	614
615	1:07:28	WILLIAMS, Gerald	Thrifty Green Trotters	Male Vet 60-69	189	615
616	1:07:50	BARRETT, Dawn	Unattached	Female Vet 35-44	222	616
617	1:08:22	CHOWLES, Denis	Spitfire Running Club	Male Vet 50-59	267	617
618	1:08:38	LAWRENCE, Adrian	Unattached	Male Vet 40-49	112	618
619	1:09:03	MAIR, Jane	Unattached	Female Vet 45-54	664	619
620	1:09:03	DYALL, Vivien	Unattached	Female Vet 45-54	759	620
621	1:09:20	LAWRENCE, Karen	Unattached	Female Vet 35-44	113	621
622	1:09:22	PRICE, Caz	Unattached	Female Vet 35-44	541	622
623	1:09:23	HUMPHREY, Jason	Unattached	Male Open	540	623
624	1:09:32	TANNER, Julia	Phoenix Striders	Female Vet 45-54	50	624
625	1:10:45	GUYATT, Ellen	Unattached	Female Vet 35-44	99	625
626	1:10:45	GUYATT, Robert	Unattached	Male Open	100	626
627	1:11:02	MUNNINGS, Patrick	Unattached	Male Vet 40-49	459	627
628	1:11:12	GEORGE, Tracey	Dagenham 88 Runners	Female Vet 35-44	258	628
629	1:11:20	MURRAY, Tina	Unattached	Female Vet 35-44	259	629
630	1:11:21	HUGHES, Joe	Unattached	Male Vet 40-49	596	630
631	1:11:28	BARTLAM, Helen	Unattached	Female Open	609	631
632	1:12:14	ROWLANDS, Suz	Unattached	Female Open	291	632
633	1:12:53	REEVE, Paul	Unattached	Male Open	610	633
634	1:13:16	WILLIAMS, Dave	Unattached	Male Vet 70+	21	634
635	1:13:46	WARD, Laura	Unattached	Female Open	134	635
636	1:13:52	RIPPON, Kelly	Unattached	Female Open	212	636
637	1:14:04	WILSON, Jennifer	Unattached	Female Vet 55-64	55	637
638	1:14:37	READ, Rob	Help For Heros	Male Open	1	638
639	1:17:05	DAY, Jill	Unattached	Female Vet 45-54	527	639
640	1:17:05	CALLAN, Susan	Unattached	Female Vet 45-54	528	640
641	1:19:16	HARRISON, Siobhan	Unattached	Female Open	617	641
642	1:19:59	RUMBLE, Nina	Unattached	Female Open	620	642
643	1:22:24	BOWES, Peter	Unattached	Male Open	169	643
644	1:24:44	GRIGGS, Lyn	Unattached	Female Vet 45-54	662	644

There were 644 finishers in the All Competitors category.