

Billericay Striders 10k 2008
10k Road Race

Sunday 2 November 2008. 9:45 am

Results for All Men in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:31:29	HICKEY, Adam	Southend AC	Male Open	772	1
2	0:31:58	PROUT, Ryan	Thrift Green Trotters	Male Open	342	2
3	0:32:09	WHITTAKER, Paul	Southend AC	Male Open	767	3
4	0:32:43	POWELL, Bertie	Woodford Green & Essex	Male Open	13	4
5	0:33:11	WETHERIDGE, Nick	Basildon	Male Open	737	5
6	0:33:40	MOLYNEUX, Paul	Springfield Striders	Male Open	330	6
7	0:34:06	BERG, Craig	Woodford Green & Essex	Male Open	470	7
8	0:34:10	HOULTON, Nicholas	UK Net Runner	Male Open	775	8
9	0:35:17	CROOK, Mark	Springfield Striders	Male Open	656	9
10	0:35:22	HALL, David	Dartford Road Runners	Male Vet 40-49	636	10
11	0:35:46	BURGOYNE, Chris	Springfield Striders	Male Open	716	11
12	0:35:58	SEARLE, Adam	SNHAC	Male Open	147	12
13	0:36:06	TULLETT, David	Chelmsford	Male Vet 40-49	599	13
14	0:36:08	ANTHONY, Ian	Havering	Male Open	651	14
15	0:36:10	HOLLAND, Richard	Woodford Green & Essex	Male Vet 40-49	422	15
16	0:36:16	GREEN, Mark	Garden City Runners	Male Open	634	16
17	0:36:22	CASEY, Russell	Garden City Runners	Male Open	635	17
18	0:37:03	LIVINGSTONE, Stephen	Garden City Runners	Male Vet 50-59	762	18
19	0:37:08	ABERY, David	Istead & Ifield Harriers	Male Vet 50-59	600	19
20	0:37:13	RUSSELL, John	Thurrock Harriers	Male Open	71	20
21	0:37:14	AKED, Peter	Reading Road Runners	Male Vet 40-49	224	21
22	0:37:23	MACK, Darren	East Essex Tri	Male Open	239	22
23	0:38:16	CRISP, Neil	Ilford AC	Male Vet 40-49	213	24
24	0:38:18	PARSONS, Stuart	Kingswood	Male Open	43	25
25	0:38:24	ADKINS, Peter	Unattached	Male Open	4	26
26	0:38:26	KENT, Glen	Phoenix Striders	Male Vet 50-59	8	27
27	0:38:34	MATTHEWS, Stuart	Thrift Green Trotters	Male Open	735	28
28	0:38:46	HYDE, Tony	Pitsea RC	Male Vet 40-49	2	29
29	0:38:48	KELLY, Peter	Unattached	Male Open	139	30
30	0:38:51	STAINES, Martyn	Thurrock Harriers	Male Open	701	31
31	0:38:58	O'LEARY, Paul	Unattached	Male Open	430	32
32	0:39:02	SPOONER, Terence	Unattached	Male Open	28	33
33	0:39:07	SPICELEY, Paul	Unattached	Male Open	571	34
34	0:39:17	HEIGHTON, Ben	Springfield Striders	Male Open	82	35
35	0:39:18	COLE, Leo	Unattached	Male Vet 40-49	202	36
36	0:39:22	EASTTY, Graham	Southend AC	Male Open	427	37
37	0:39:24	BROOKSHAW, Paul	Great Yarmouth Road	Male Vet 40-49	172	38
38	0:39:27	MOORE, James	Unattached	Male Open	597	39
39	0:39:38	THOMSON, Andrew	Havering 90	Male Open	188	40
40	0:39:45	DUNCAN, Mark	Ford Fitness	Male Vet 40-49	281	41
41	0:39:47	BINNS, Peter	Southend AC	Male Vet 60-69	274	42
42	0:39:52	BERLEEN, Abdi-Karim	Ilford AC	Male Vet 40-49	294	43
43	0:39:52	CHAPMAN, Adam	Benfleet RC	Male Open	665	44
44	0:39:54	HARPER, Kevin	Witham RC	Male Open	450	45
45	0:39:58	THEOBALD, Simon	Unattached	Male Open	136	46
46	0:40:06	JOHNSON, Colin	Unattached	Male Vet 40-49	390	47
47	0:40:12	MILES, Lloyd	Unattached	Male Vet 40-49	348	48
48	0:40:14	HURLEY, David	Southend AC	Male Vet 40-49	729	49
49	0:40:15	MCGILL, Keiron	Benfleet RC	Male Open	709	50
50	0:40:28	THORPE, Barry	Chelmsford	Male Vet 50-59	633	51
51	0:40:35	PHILCOX, Stephen	Barking Road Runners	Male Vet 40-49	477	52
52	0:40:50	CALLOW, Jack	Thurrock Nomads	Male Open	539	53

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on

Results produced by Billericay Striders. Printed by Billericay Striders on 2 November 2008

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Results for All Men in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
53	0:40:58	BURNS, Robert	Leigh on Sea Striders	Male Vet 40-49	81	54
54	0:40:59	DAVENPORT, Paul	Unattached	Male Vet 40-49	690	55
55	0:41:03	COLLINS, Dean	Unattached	Male Vet 40-49	403	56
56	0:41:07	SPASHETT, Ian	Unattached	Male Open	580	58
57	0:41:11	ELLIS, Richard	Unattached	Male Open	201	59
58	0:41:14	EVERARD, Roger	Pitsea RC	Male Vet 60-69	717	60
59	0:41:18	WATSON, Peter John	Benfleet RC	Male Open	254	61
60	0:41:31	JOHNSON, Dean	Unattached	Male Open	304	63
61	0:41:32	GOAD, Richard	Unattached	Male Vet 50-59	595	64
62	0:41:39	ADKINS, Daniel	Unattached	Male Vet 40-49	5	66
63	0:41:49	TAYLOR, Neil	Havering 90	Male Vet 40-49	182	67
64	0:41:52	SUMMERS, Dave	Thrift Green Trotters	Male Vet 50-59	674	68
65	0:41:58	BARRETT, Peter	Thrift Green Trotters	Male Open	515	69
66	0:42:06	THOMSON, Alex	Havering 90	Male Vet 40-49	358	70
67	0:42:11	PRIEST, Simon	Unattached	Male Open	166	71
68	0:42:18	EVANS, Richard	Unattached	Male Open	35	73
69	0:42:48	COLLINSON, Jeremy	Unattached	Male Vet 50-59	503	76
70	0:42:49	MCDONNELL, Chris	Havering 90	Male Vet 60-69	153	77
71	0:42:50	BROWN, Bradley	Barking Road Runners	Male Open	457	78
72	0:42:57	MCCARTHY, Barney	Unattached	Male Open	262	79
73	0:43:01	HANDS, Kenneth	Unattached	Male Vet 40-49	33	80
74	0:43:06	COPS, Matt	Benfleet RC	Male Open	114	81
75	0:43:10	STOCKS, Adrian	Blackheath & Bromley Harriers	Male Open	110	82
76	0:43:12	HOLDER, Julian	Pitsea RC	Male Vet 40-49	74	83
77	0:43:16	GRETTON, David	Tri Sport Epping	Male Vet 40-49	118	84
78	0:43:25	WARREN, Christopher	Unattached	Male Open	451	85
79	0:43:33	ALSTON, Richard	Road Runners Club	Male Vet 40-49	249	86
80	0:43:36	MORRISSEY, Danny	Thrift Green Trotters	Male Open	725	87
81	0:43:36	ELLETT, Ryan	KPMG Running Club	Male Open	672	88
82	0:43:37	READER, Rob	Unattached	Male Open	569	89
83	0:43:39	STANDING, Paul	Unattached	Male Open	575	90
84	0:43:50	BULLOCK, Jonathan	Chiltern Harriers AC	Male Vet 40-49	394	91
85	0:43:52	BLEWITT, Matt	Unattached	Male Open	579	92
86	0:43:52	RANDALL, Nevin	Springfield Striders	Male Vet 50-59	776	93
87	0:44:03	FENTON, Jeff	Havering 90	Male Vet 50-59	97	94
88	0:44:03	SAWYER, Duncan	Unattached	Male Open	502	95
89	0:44:05	VEALL, Craig	Unattached	Male Vet 40-49	473	96
90	0:44:13	NATHAN, Simon	Unattached	Male Open	116	97
91	0:44:20	POWELL, Trevor	Woodford Green & Essex	Male Vet 50-59	14	99
92	0:44:22	BEASLEY, John	Unattached	Male Vet 40-49	195	100
93	0:44:26	TWEEDIE, Clive	Havering 90	Male Vet 50-59	447	101
94	0:44:30	KETRIDGE, Daniel	Unattached	Male Open	279	102
95	0:44:44	COLEMAN, Stan	Unattached	Male Vet 60-69	727	104
96	0:44:45	RACHER, Graham	Unattached	Male Open	574	105
97	0:44:48	CARRICK, Ian	Unattached	Male Open	375	106
98	0:44:56	PROBERT, Nigel	Springfield Striders	Male Open	626	107
99	0:45:02	RIDLEY, Andrew	East Essex Tri	Male Open	159	109
100	0:45:03	CONINGTON, Chad	Unattached	Male Open	423	110
101	0:45:06	RUDD, Steven	Unattached	Male Open	404	111
102	0:45:07	HALL, Ian	Unattached	Male Vet 40-49	47	112
103	0:45:10	LANE, Dave	Unattached	Male Vet 40-49	98	113
104	0:45:12	BORAM, John	Benfleet RC	Male Vet 50-59	544	114
105	0:45:13	FARMER, Aaron	Unattached	Male Open	705	115
106	0:45:16	SKINNER, James	Benfleet RC	Male Vet 40-49	548	116
107	0:45:18	JEZZARD, Ian	Unattached	Male Open	210	117
108	0:45:19	SMITH, Paul	Unattached	Male Open	517	118

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109	0:45:21	KING, COLIN	Havering 90	Male Open	124	119
110	0:45:22	MOLE, Denis	Havering 90	Male Vet 60-69	227	120
111	0:45:22	NATION, Richard	Unattached	Male Open	498	121
112	0:45:26	TURNER, Tony	Unattached	Male Vet 40-49	731	124
113	0:45:28	THOMAS, Geraint	Unattached	Male Open	295	125
114	0:45:29	TOBIN, Anthony	Unattached	Male Open	272	126
115	0:45:31	JOHNSON, John	Unattached	Male Vet 60-69	479	127
116	0:45:33	SPRATT, Andrew	Unattached	Male Open	353	128
117	0:45:34	ARMSTRONG, Robert	Barking Road Runners	Male Vet 50-59	379	129
118	0:45:38	GUDGIN, Paul	Benfleet RC	Male Vet 40-49	685	130
119	0:45:41	LINCOLN, Christian	Unattached	Male Open	692	132
120	0:45:52	RICHARDSON, Simon	Unattached	Male Open	538	133
121	0:45:55	MELLISH, Joe	Unattached	Male Open	687	135
122	0:45:56	JELLEY, Nick	Unattached	Male Open	417	136
123	0:45:56	FINCH, Jason	Unattached	Male Open	145	137
124	0:46:01	HEMMINGS, Mark	Havering 90	Male Open	367	138
125	0:46:01	THORNTON, Ben	Unattached	Male Open	708	139
126	0:46:03	MOON, Graeme	Unattached	Male Vet 50-59	608	140
127	0:46:08	GROUT, Mike	Benfleet RC	Male Open	546	142
128	0:46:09	WREN, John	Unattached	Male Vet 40-49	333	143
129	0:46:09	WYATT, Jonathan	Unattached	Male Open	128	144
130	0:46:10	JONES, Paul	Colchester & Tendering AC	Male Open	680	145
131	0:46:11	CHAPPELL, Ian	Pitsea RC	Male Vet 40-49	448	146
132	0:46:13	STEWART, Gary	Unattached	Male Open	296	147
133	0:46:19	ABEYWARDANA, Ravindra Lanka	Unattached	Male Open	122	148
134	0:46:20	STENNING, Matthew	Unattached	Male Open	48	149
135	0:46:20	COWLEY, Peter	Mount Pleasant AC	Male Vet 50-59	491	150
136	0:46:23	STERRY, Richard	Unattached	Male Open	199	152
137	0:46:28	FROST, Martin	Unattached	Male Open	79	153
138	0:46:32	MCGILVRAY, Kevin	Radcliffe Athletic Club	Male Vet 50-59	318	156
139	0:46:36	MCCARTHY, John	Unattached	Male Open	639	157
140	0:46:38	HOWARD, Kelvin	Unattached	Male Open	217	158
141	0:46:38	DIXON, Paul	Unattached	Male Vet 50-59	59	159
142	0:46:39	TARPEY, Patrick	Unattached	Male Open	460	160
143	0:46:40	HULL, Darran	Springfield Striders	Male Open	483	161
144	0:46:49	GILLARD, Colin	Unattached	Male Vet 40-49	675	164
145	0:46:50	PEARCE, James	Unattached	Male Open	120	165
146	0:46:51	HUTSON, Ben	Unattached	Male Open	628	166
147	0:47:01	COULSON, Myles	Unattached	Male Open	449	169
148	0:47:03	MUSE, Richard	Havering 90	Male Open	53	170
149	0:47:10	DAVIES, Len	Havering 90	Male Vet 50-59	164	171
150	0:47:13	HARRISON, Matthew	Unattached	Male Open	618	172
151	0:47:18	DUDLEY, Dennis	Benfleet RC	Male Vet 50-59	556	174
152	0:47:23	KING, Mark	Unattached	Male Open	39	178
153	0:47:24	BATES, Dean	Thrift Green Trotters	Male Vet 40-49	242	179
154	0:47:25	ANTHONY, Leckerman	Unattached	Male Vet 40-49	468	180
155	0:47:28	MANN, Simon	Unattached	Male Open	733	181
156	0:47:30	CASHMAN, Darren	Unattached	Male Vet 40-49	720	182
157	0:47:30	TAYLOR, Glen	Southend AC	Male Open	455	183
158	0:47:31	BROWN, Robert	Unattached	Male Vet 50-59	706	184
159	0:47:32	SHEA, Tim	Pitsea RC	Male Vet 40-49	121	185
160	0:47:35	GARDNER, Andrew	Unattached	Male Open	567	186
161	0:47:46	CHAPLIN, Peter	Pitsea RC	Male Vet 50-59	769	188
162	0:47:50	MAY, Luke	Unattached	Male Open	589	190
163	0:47:51	BERG, Stewart	Unattached	Male Vet 50-59	469	191
164	0:47:52	FAIRMAN, Nicholas	Unattached	Male Open	135	192

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165	0:47:55	MANSFIELD, Christopher	Havering 90	Male Vet 40-49	181	193
166	0:48:01	BROWN, Gary	Thrift Green Trotters	Male Open	693	195
167	0:48:02	BONNEY, Graham	Unattached	Male Vet 40-49	583	196
168	0:48:03	AGGUS, James	Unattached	Male Open	602	197
169	0:48:07	RODGER, Andy	Thurrock Nomads	Male Vet 40-49	543	200
170	0:48:10	SKINNER, Antony	Unattached	Male Open	486	201
171	0:48:17	SUETT, Paul	Unattached	Male Open	183	204
172	0:48:21	LONG, David	Unattached	Male Open	524	206
173	0:48:22	POORE, Matthew	East Essex Tri	Male Open	236	207
174	0:48:23	PARROTT, Leonard	Havering	Male Vet 70+	141	208
175	0:48:32	WHITE, Kelvin	Unattached	Male Open	178	209
176	0:48:32	MCDONNELL, Joe	Havering 90	Male Open	154	210
177	0:48:33	ARCHER, Paul	Unattached	Male Open	493	211
178	0:48:33	HALL, Duncan	Unattached	Male Open	629	212
179	0:48:38	WILLS, Stephen	Unattached	Male Vet 40-49	24	214
180	0:48:40	FENTIMAN, Ross	Unattached	Male Open	78	216
181	0:48:41	MOLAND, David	Unattached	Male Vet 40-49	75	217
182	0:48:42	COLLIER, Martin	Unattached	Male Vet 50-59	255	218
183	0:48:48	JOLLY, Stephen	Unattached	Male Vet 50-59	23	220
184	0:48:49	RAISON, Stephen	Unattached	Male Vet 40-49	632	221
185	0:48:50	HILL, Jeremy	Unattached	Male Open	170	222
186	0:48:51	JOYCE, Tony	Unattached	Male Vet 50-59	292	223
187	0:48:53	MOSES, Neil	Havering 90	Male Vet 40-49	146	224
188	0:48:53	MITCHELL, Paul	Unattached	Male Open	458	227
189	0:48:55	SCANLON, Barry	Unattached	Male Open	282	229
190	0:48:59	JOHNSON, Robert	Benfleet RC	Male Vet 40-49	747	232
191	0:49:01	WARD, Stephen	Benfleet RC	Male Vet 40-49	513	233
192	0:49:07	PARKINS, Andy	Unattached	Male Vet 40-49	612	235
193	0:49:09	MARSHALL, Simon	Unattached	Male Open	57	237
194	0:49:17	CHAMBERLAIN, Brian	Unattached	Male Vet 50-59	117	238
195	0:49:21	MCCULLAGH, Nick	Castle Point Joggers	Male Vet 50-59	510	239
196	0:49:25	ALLISON, Richard	Unattached	Male Open	605	240
197	0:49:28	LOWRY, Paul	Castle Point Joggers	Male Open	301	241
198	0:49:29	CANO-LOPEZ, Jonathan	Unattached	Male Vet 40-49	696	243
199	0:49:35	REDDISH, Morgan	Benfleet RC	Male Vet 40-49	547	244
200	0:49:36	WILKINSON, Nick	Unattached	Male Vet 50-59	593	245
201	0:49:38	AURIGHI, Simone	Colchester Harriers	Male Open	568	246
202	0:49:38	HAWKINS, Chris	Unattached	Male Open	452	248
203	0:49:41	WILKINS, Trevor	Unattached	Male Vet 40-49	171	249
204	0:49:41	PETTIFER, John	Pitsea RC	Male Vet 60-69	489	250
205	0:49:46	RICKARD, John	Castle Point Joggers	Male Vet 50-59	522	253
206	0:49:51	DUFFIELD, Roger	Tiptree RR	Male Vet 60-69	252	256
207	0:49:58	ENDERS, Scott	Witham RC	Male Open	69	257
208	0:49:59	TATCHELL, Paul	Unattached	Male Vet 40-49	355	258
209	0:50:00	MUNTON, John	Kingswood	Male Open	26	259
210	0:50:02	SPONG, Ray	Unattached	Male Vet 50-59	196	260
211	0:50:02	GREENHALGH, Gordon	Unattached	Male Open	67	261
212	0:50:03	HEWITT, George	Mid Essex Casuals	Male Vet 70+	416	262
213	0:50:06	WILBY, Michael	Barking Road Runners	Male Vet 40-49	650	265
214	0:50:09	GODIER, Neil	Springfield Striders	Male Vet 40-49	713	267
215	0:50:15	GAJBUTOWICZ, Andrzej	Victoria Park Harriers	Male Vet 50-59	506	269
216	0:50:18	MORLEY, Stewart	Benfleet RC	Male Vet 40-49	464	271
217	0:50:32	BRAZIER, Ian	Springfield Striders	Male Open	492	274
218	0:50:32	ACTON, Steve	Unattached	Male Vet 40-49	499	275
219	0:50:33	PASHLEY, David	Unattached	Male Open	482	276
220	0:50:36	PAYNE, Kenneth	Unattached	Male Vet 40-49	463	277

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221	0:50:37	SNOW, Rupert	Unattached	Male Open	36	278
222	0:50:37	FRIBBINS, Michael	Havering 90	Male Vet 50-59	369	279
223	0:50:41	GILBEY, Ken	Unattached	Male Vet 50-59	415	281
224	0:50:41	ANSELL, Simon	Unattached	Male Open	501	282
225	0:50:45	PLUCKNETT, Jay	Unattached	Male Open	698	283
226	0:50:50	WYNDHAM, John Paul	Unattached	Male Open	132	286
227	0:50:51	DUTSON MBE, Adrian	Unattached	Male Vet 50-59	578	287
228	0:50:51	POTTER, Cliff	Road Runners Club	Male Vet 50-59	770	288
229	0:50:52	JENNINGS, Paul	Unattached	Male Open	94	289
230	0:50:57	SHEEKEY, Steve	Havering 90	Male Vet 40-49	362	291
231	0:51:01	BARNES, Kevin	Unattached	Male Open	723	293
232	0:51:01	BIRDSALL, John	Unattached	Male Vet 50-59	288	294
233	0:51:01	BARR, Stephen	Unattached	Male Open	61	295
234	0:51:04	TRAVIS, Chris	Unattached	Male Vet 40-49	445	298
235	0:51:06	ROBERTSON, Mark	Unattached	Male Vet 40-49	302	299
236	0:51:11	VALE, Chris	Unattached	Male Open	316	300
237	0:51:22	BARRETT, John	Unattached	Male Vet 40-49	283	302
238	0:51:23	PHILLIPS, Michael	Havering 90	Male Vet 60-69	162	303
239	0:51:24	WHITE, Chris	Unattached	Male Vet 40-49	106	305
240	0:51:27	RIPPON, John	Unattached	Male Open	211	308
241	0:51:28	PASSINGHAM, Keith	Pitsea RC	Male Vet 50-59	184	309
242	0:51:30	THORNTON, Gary	Unattached	Male Vet 50-59	707	310
243	0:51:33	COLLIER, Peter	Fitness First Flyers	Male Vet 50-59	395	311
244	0:51:33	SUSSEX, John	Unattached	Male Vet 50-59	30	312
245	0:51:39	GORDON, Adam	Unattached	Male Open	647	314
246	0:51:40	PEGLER, Paul	Treasury Runners	Male Vet 50-59	381	315
247	0:51:41	WINGROVE, Timothy	Unattached	Male Open	736	316
248	0:51:44	BECKWITH, Mervyn	Pitsea RC	Male Vet 50-59	175	318
249	0:51:47	MARKS, David	Unattached	Male Vet 40-49	374	320
250	0:51:47	JENNETT, Jim	Unattached	Male Vet 50-59	9	321
251	0:51:51	RAY, Steve	Dagenham 88 Runners	Male Open	761	322
252	0:51:52	SMITH, Paul	Unattached	Male Vet 40-49	309	323
253	0:51:57	KETTLEWELL, Jon	Unattached	Male Vet 40-49	200	324
254	0:51:57	WATERS, Patrick	Castle Point Joggers	Male Vet 60-69	62	325
255	0:52:01	TIMBRELL, Greg	Thrift Green Trotters	Male Open	726	326
256	0:52:11	MCDONNELL, Steven	Havering 90	Male Open	156	327
257	0:52:12	CROSS, Ian	Unattached	Male Vet 40-49	532	328
258	0:52:14	TEER, Robert	Thurrock Nomads	Male Vet 60-69	616	331
259	0:52:15	MYERS, Edward	Unattached	Male Vet 50-59	521	332
260	0:52:16	BOYES, Keith	Unattached	Male Vet 40-49	421	333
261	0:52:22	WILLIAMS, Paul	Pitsea RC	Male Vet 50-59	45	334
262	0:52:23	MCVEIGH, Martin	Havering	Male Vet 60-69	286	335
263	0:52:25	HANSFORD, Seamus	Unattached	Male Open	588	337
264	0:52:27	PENFOLD, Keith	Havering 90	Male Vet 50-59	368	338
265	0:52:29	BRIFFAUT, Stephane	Benfleet RC	Male Vet 40-49	550	339
266	0:52:33	LAW, Darren	Unattached	Male Vet 40-49	606	341
267	0:52:42	HARRISON, Dave	Unattached	Male Open	587	345
268	0:52:46	YAXLEY, Darren	Unattached	Male Open	107	346
269	0:52:46	BIGDON, Scott	Unattached	Male Vet 40-49	750	347
270	0:52:48	GOODSPEED, Philip	Unattached	Male Vet 40-49	594	348
271	0:52:59	HOLTER, Jorg	Unattached	Male Vet 40-49	653	351
272	0:52:59	WILLIAMS, Robert	Unattached	Male Vet 50-59	504	352
273	0:53:06	CLAPSON, Sam	Unattached	Male Open	326	354
274	0:53:08	SAICH, Jamie	Unattached	Male Vet 40-49	240	356
275	0:53:11	EWIN, Brian	Leigh on Sea Striders	Male Vet 50-59	419	358
276	0:53:18	PEARCE, Mark	Unattached	Male Vet 40-49	505	364

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277	0:53:21	JOHNSON, Kirk	Benfleet RC	Male Open	748	367
278	0:53:24	PURNELL, Jim	Unattached	Male Vet 60-69	686	368
279	0:53:32	SCANLON, John	Unattached	Male Open	739	370
280	0:53:39	SULLIVAN, David	Unattached	Male Vet 40-49	749	374
281	0:53:52	JACKSON, Michael	Unattached	Male Vet 50-59	625	378
282	0:53:54	SCOTT, Jamie	Unattached	Male Open	115	379
283	0:53:56	DOBIE, Ronald	Havering 90	Male Vet 40-49	370	380
284	0:54:00	ASHLEY, Philip	Benfleet RC	Male Vet 40-49	722	383
285	0:54:01	PARISH, Brian	Havering 90	Male Open	151	384
286	0:54:09	CLARK, Ian	Unattached	Male Vet 40-49	711	385
287	0:54:12	ROBINSON, Liam	Unattached	Male Vet 40-49	104	386
288	0:54:15	SHAW, Robert	Sudbury Joggers	Male Vet 50-59	433	387
289	0:54:34	DOWSETTE, Ross	Unattached	Male Open	715	394
290	0:54:37	MCGILVRAY, Alastair	Radcliffe Athletic Club	Male Open	317	395
291	0:54:37	BRITTAIN, Andrew	Unattached	Male Open	340	396
292	0:54:41	WILLIAMSON, Nigel	Unattached	Male Vet 40-49	271	398
293	0:54:47	HEMSTOCK, Reg	Unattached	Male Open	649	399
294	0:54:48	HUNT, Richard	Unattached	Male Vet 40-49	509	400
295	0:54:50	CHRISTIAN, Nick	Unattached	Male Open	228	401
296	0:54:52	ROBBINS, Martin	Benfleet RC	Male Vet 40-49	385	402
297	0:54:54	LAWSON, Stephen	Havering 90	Male Vet 50-59	193	403
298	0:54:58	MCCARTHY, Jason	Benfleet RC	Male Open	742	404
299	0:55:00	SPENCER-PERKINS, Dennis	Barking Road Runners	Male Vet 50-59	660	405
300	0:55:01	COURTIER, Robert	Barking Road Runners	Male Vet 50-59	689	406
301	0:55:02	PERRY, Chris	Unattached	Male Open	669	407
302	0:55:03	GORE, Jeremy	Unattached	Male Vet 40-49	123	408
303	0:55:08	WHEELER, Paul	Unattached	Male Open	402	410
304	0:55:09	BATES, Peter	Pitsea RC	Male Vet 60-69	284	411
305	0:55:11	OSMOTHERLY, Lee	Unattached	Male Open	150	412
306	0:55:13	LOWERY, Richard	Benfleet RC	Male Open	679	413
307	0:55:14	HEWITT, Tim	Unattached	Male Vet 40-49	409	415
308	0:55:15	CLIFFORD, Colin	Havering 90	Male Vet 60-69	359	416
309	0:55:17	HAY, Alex	Heart Beaters	Male Vet 50-59	642	417
310	0:55:24	LEE, Graham	GP Triathlon	Male Open	96	419
311	0:55:35	EVANS, Norman	Unattached	Male Vet 50-59	531	420
312	0:55:46	GREENSILL, Mark	Unattached	Male Vet 40-49	289	424
313	0:55:51	HOWE, John	Unattached	Male Vet 50-59	15	425
314	0:56:04	BRAYBROOK, John	Havering 90	Male Vet 40-49	54	428
315	0:56:08	WILLIAMS, John	Unattached	Male Open	300	429
316	0:56:09	SIEWERTSEN, George	Dagenham 88 Runners	Male Vet 60-69	431	432
317	0:56:11	ISAACS, Lee	Havering 90	Male Vet 40-49	363	434
318	0:56:16	WOOD, Jonathan	Unattached	Male Vet 40-49	631	436
319	0:56:32	BYROM, Andy	Unattached	Male Vet 40-49	278	437
320	0:56:38	CLESHAM, Gerald	Unattached	Male Vet 40-49	435	441
321	0:56:39	STONE, Matthew	Unattached	Male Open	604	442
322	0:56:45	WILLIAMS, Gary	Thrift Green Trotters	Male Vet 40-49	321	443
323	0:56:46	MURPHY, Gary	Unattached	Male Open	652	444
324	0:57:00	BINGHAM, Stephen	Unattached	Male Vet 40-49	614	449
325	0:57:04	FROST, Adrian	Unattached	Male Open	101	450
326	0:57:06	LOZOWSKI, Billy-Ray	Unattached	Male Open	476	452
327	0:57:21	HOWE, Andrew	Unattached	Male Vet 50-59	779	457
328	0:57:22	O'SULLIVAN, Sean	Unattached	Male Vet 50-59	467	458
329	0:57:34	HOY, Michael	Benfleet RC	Male Vet 40-49	559	463
330	0:57:35	LANDERYOU, Alan	Unattached	Male Open	148	464
331	0:57:45	EMMETT, Darren	Unattached	Male Vet 40-49	582	467
332	0:57:45	KIRBY, Joe	Unattached	Male Vet 40-49	383	468

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333	0:57:48	ROBERTSON, Sue	Unattached	Male Open	142	470
334	0:57:59	WASTELL, Keith	Thameside RC	Male Vet 60-69	347	473
335	0:58:02	CLAY, Richard	Spitfire Running Club	Male Vet 40-49	248	474
336	0:58:05	CRISP, John	Benfleet RC	Male Vet 60-69	552	475
337	0:58:07	GOULDING, John	Benfleet RC	Male Vet 40-49	558	476
338	0:58:08	PATON, Matthew	Ford Fitness	Male Open	233	477
339	0:58:14	COWAN, Alan	Istead & Ifield Harriers	Male Vet 50-59	703	480
340	0:58:17	CORNELIUS, Neil	Unattached	Male Open	331	481
341	0:58:20	MYERS, Gary	Essex Police Athletics Club	Male Vet 50-59	280	482
342	0:58:22	DUO, Keith	Unattached	Male Vet 50-59	535	485
343	0:58:26	BURCHETT, Paul	Havering 90	Male Vet 50-59	209	486
344	0:58:48	JENKINS, Michael	Unattached	Male Vet 50-59	424	491
345	0:58:55	SMITH, Gary	Unattached	Male Vet 40-49	659	495
346	0:59:00	SMITH, Declan	Unattached	Male Vet 60-69	516	496
347	0:59:08	PARSONS, David	Kingswood	Male Vet 40-49	42	498
348	0:59:08	HOLLAND, David	Havering	Male Vet 60-69	137	499
349	0:59:20	HARDING, Terry	Unattached	Male Vet 50-59	396	502
350	0:59:28	OVEL, Mark	Unattached	Male Open	10	506
351	0:59:30	JOHNSON, Paul	Benfleet RC	Male Vet 40-49	560	507
352	0:59:36	HOPWOOD, Tony	Unattached	Male Open	273	508
353	0:59:36	PERRY, Graham	FVS Tri	Male Vet 40-49	756	509
354	0:59:54	GLADMAN, Andrew	Epsom Allsorts	Male Open	425	514
355	0:59:55	WATERHOUSE, Andrew	Serpentine Running Club	Male Open	354	516
356	0:59:55	CHAPMAN, Bob	Benfleet RC	Male Vet 40-49	666	518
357	1:00:00	PATON, Barry	Ford Fitness	Male Vet 60-69	232	519
358	1:00:03	FINLAY, Kieron	Unattached	Male Vet 40-49	655	520
359	1:00:35	WHITE, Martyn	Unattached	Male Vet 40-49	581	526
360	1:00:45	HOSLER, John	Havering 90	Male Vet 60-69	361	527
361	1:00:50	RICHARDSON, Keith	Unattached	Male Vet 60-69	495	529
362	1:01:07	MCDONNELL, Dan	Havering 90	Male Open	155	535
363	1:01:07	BARRETT, Steven	Unattached	Male Open	221	536
364	1:01:10	COLLIER, Andrew	Unattached	Male Vet 40-49	663	537
365	1:01:10	BATES, Terry	Bateseys	Male Vet 60-69	525	538
366	1:01:13	WILSON, Daniel	Unattached	Male Open	573	539
367	1:01:38	CHAPLIN, Robert	Castle Point Joggers	Male Vet 50-59	768	545
368	1:01:39	WARNER, Jonathan	Unattached	Male Vet 50-59	453	546
369	1:01:40	PALMER, Tony	Unattached	Male Open	329	547
370	1:01:50	SLADE, Trevor	Thrift Green Trotters	Male Vet 40-49	327	550
371	1:02:25	FARMER, Steve	Unattached	Male Open	440	554
372	1:02:30	HYAM, Richard	Unattached	Male Open	439	557
373	1:03:09	COX, John	Unattached	Male Vet 50-59	192	564
374	1:03:12	JACK, Bob	Bungay Black Dog Runners	Male Vet 40-49	763	566
375	1:03:13	WITTE, Laurence	Unattached	Male Vet 50-59	6	567
376	1:03:15	GODFREY, Robert	Unattached	Male Open	223	569
377	1:03:18	JONES, Ian	Unattached	Male Vet 40-49	441	571
378	1:03:35	WILSON, Michael	Leigh on Sea Striders	Male Vet 60-69	412	575
379	1:03:58	MILLIN, Rob	Unattached	Male Open	276	580
380	1:04:14	OWENS, Graham	Unattached	Male Vet 40-49	710	585
381	1:04:18	JORDAN, Ian	Benfleet RC	Male Vet 40-49	545	586
382	1:04:24	JORDAN, Mike	Benfleet RC	Male Open	561	587
383	1:04:30	WOODYARD, Paul	Unattached	Male Open	497	589
384	1:05:37	VICTORY, John	Unattached	Male Vet 60-69	194	597
385	1:05:54	BULLOCK, Tony	Southend AC	Male Vet 70+	393	602
386	1:05:58	STREET, Bob	Unattached	Male Vet 70+	623	603
387	1:06:01	BARRETT, Michael	Unattached	Male Open	752	605
388	1:06:48	TURNER, Colin	Havering 90	Male Vet 60-69	167	608

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389	1:07:28	WILLIAMS, Gerald	Thrift Green Trotters	Male Vet 60-69	189	615
390	1:08:22	CHOWLES, Denis	Spitfire Running Club	Male Vet 50-59	267	617
391	1:08:38	LAWRENCE, Adrian	Unattached	Male Vet 40-49	112	618
392	1:09:23	HUMPHREY, Jason	Unattached	Male Open	540	623
393	1:10:45	GUYATT, Robert	Unattached	Male Open	100	626
394	1:11:02	MUNNINGS, Patrick	Unattached	Male Vet 40-49	459	627
395	1:11:21	HUGHES, Joe	Unattached	Male Vet 40-49	596	630
396	1:12:53	REEVE, Paul	Unattached	Male Open	610	633
397	1:13:16	WILLIAMS, Dave	Unattached	Male Vet 70+	21	634
398	1:14:37	READ, Rob	Help For Heros	Male Open	1	638
399	1:22:24	BOWES, Peter	Unattached	Male Open	169	643

There were 399 finishers in the All Men category.