

Billericay Striders 10K 1st November 2009

Place	Number	Time	Name	Team	Category
1	748	0:38:56	SOLLARS, Loretta	East Essex Tri	Female Vet 45-54
2	14	0:43:53	PALMER, Julia	Benfleet RC	Female Vet 45-54
3	550	0:45:23	WILSON, Lorraine	Unattached	Female Vet 45-54
4	431	0:46:18	SPONG, Sue	Havering 90	Female Vet 45-54
5	695	0:47:06	RYDER, Erica	Unattached	Female Vet 45-54
6	206	0:49:01	ALDRIDGE, Wendy	Unattached	Female Vet 45-54
7	392	0:51:05	HOWE, Anne	Benfleet RC	Female Vet 45-54
8	539	0:51:13	TELFER, Jacki	Pitsea RC	Female Vet 45-54
9	157	0:51:19	DAVIES, Deborah	Havering 90	Female Vet 45-54
10	771	0:52:20	HOUGHAM, Donna	Unattached	Female Vet 45-54
11	676	0:53:53	CAMMIDGE, Kate	Castle Point Joggers	Female Vet 45-54
12	559	0:53:56	MCDONNELL, Barbara	Havering 90	Female Vet 45-54
13	358	0:54:00	GUNNING, Julie	Heartbeaters	Female Vet 45-54
14	240	0:54:51	CHEAVEAU, Maria	Unattached	Female Vet 45-54
15	727	0:55:38	PEACOCK, Julie	Blackwater Harriers	Female Vet 45-54
16	397	0:56:56	BURROWS, Karen	Unattached	Female Vet 45-54
17	605	0:57:09	RANDALL, Carol	Unattached	Female Vet 45-54
18	594	0:57:15	DEMPSEY, Julie	East Essex Tri	Female Vet 45-54
19	582	0:58:17	THOMPSON, Pauline	Havering 90	Female Vet 45-54
20	482	0:58:51	FURNER, Julie	Thurrock Nomads	Female Vet 45-54
21	29	0:58:55	KENNEDY, Sheila	Unattached	Female Vet 45-54
22	538	0:59:28	WALLIS, Caz	Pitsea RC	Female Vet 45-54
23	18	1:00:14	HURRELL, Karen	Dagenham 88 Runners	Female Vet 45-54
24	183	1:00:18	Jacqueline	Unattached	Female Vet 45-54
25	492	1:00:53	CLARK, Stephanie	Unattached	Female Vet 45-54
26	707	1:00:54	GILLIE, Sheila	Unattached	Female Vet 45-54
27	621	1:00:56	DUNNE, Julie	Thrift Green Trotters	Female Vet 45-54
28	381	1:01:10	VARNDELL, Carole	Unattached	Female Vet 45-54
29	2	1:01:18	HARE, Denise	Unattached	Female Vet 45-54
30	491	1:01:20	TRITTON, Eileen	Unattached	Female Vet 45-54
31	306	1:01:36	SIMPSON, Linda	Unattached	Female Vet 45-54
32	305	1:01:37	SULLY, Deborah	Unattached	Female Vet 45-54
33	52	1:01:53	CHOWLES, Eileen	Spitfire Running Club	Female Vet 45-54
34	575	1:02:12	STAINES, Lynda	Havering 90	Female Vet 45-54
35	480	1:02:28	MOGGAN, Adele	Unattached	Female Vet 45-54
36	265	1:02:31	ALBROW, Lynda	Phoenix Striders	Female Vet 45-54
37	120	1:02:50	DYMOND, Elizabeth	Unattached	Female Vet 45-54
38	383	1:02:56	CLARK, Lynn	Thrift Green Trotters	Female Vet 45-54
39	258	1:03:17	TANNER, Julia	Phoenix Striders	Female Vet 45-54
40	102	1:03:28	HARRISON, Gillian	Pitsea RC	Female Vet 45-54
41	293	1:03:45	FRISWELL, Deborah	Southend AC	Female Vet 45-54
42	472	1:04:27	POVEY, June	Unattached	Female Vet 45-54
43	93	1:04:33	HOWE, Jennifer	Unattached	Female Vet 45-54
44	260	1:04:34	GRALEY, Joanne	Unattached	Female Vet 45-54
45	540	1:08:56	DRAY, Jaqueline	Havering 90	Female Vet 45-54
46	567	1:10:58	KIRBY, Lynette	Havering 90	Female Vet 45-54
47	566	1:10:59	HAGAN, Yvonne	Havering 90	Female Vet 45-54
48	90	1:18:06	GRIGGS, LYN	Unattached	Female Vet 45-54