

## Billericay Striders 10K 1st November 2009

Place	Number	Time	Name	Team	Category
1	168	0:36:18	PETTIT, Stephen	Ely Runners	Male Vet 40-49
2	614	0:36:45	HALL, David	Dartford Road Runners	Male Vet 40-49
3	678	0:37:09	GREEN, John	Thurrock Harriers	Male Vet 40-49
4	342	0:37:45	AKED, Peter	Reading Road Runners	Male Vet 40-49
5	198	0:37:55	HENDERSON, Les	Tri Sport Epping	Male Vet 40-49
6	226	0:38:38	KNIGHTLEY, Terry	Ilford AC	Male Vet 40-49
7	714	0:38:50	CRISP, Neil	Ilford AC	Male Vet 40-49
8	192	0:39:15	COLE, Leo	Unattached	Male Vet 40-49
9	616	0:39:22	FITCHEW, Jason	Leigh on Sea Striders	Male Vet 40-49
10	592	0:39:31	HYDE, Tony	Pitsea RC	Male Vet 40-49
11	403	0:39:47	WISKEN, Greg	Mid Essex Casuals	Male Vet 40-49
12	417	0:39:50	ANDERSON, Peter	Benfleet RC	Male Vet 40-49
13	79	0:40:42	BONHAM, Richard	Castle Point Joggers	Male Vet 40-49
14	7	0:41:00	FRANCE, Colin	Unattached	Male Vet 40-49
15	456	0:41:08	THORNTON, Keith	Thrft Green Trotters	Male Vet 40-49
16	322	0:41:14	DUNCAN, Mark	Havering 90	Male Vet 40-49
17	17	0:41:17	COX, Dave	Thurrock Nomads	Male Vet 40-49
18	380	0:41:18	WOODRUFF, Michael	Unattached	Male Vet 40-49
19	266	0:41:28	YEATS, Andy	Tri Sport Epping	Male Vet 40-49
20	355	0:43:03	ADKINS, Daniel	Unattached	Male Vet 40-49
21	571	0:43:08	PIKE, David	Havering 90	Male Vet 40-49
22	288	0:43:22	HALLAM, David	Havering 90	Male Vet 40-49
23	44	0:44:05	HOLDER, Julian	Pitsea RC	Male Vet 40-49
24	350	0:44:27	SOMERSET, Richard	Garden City Runners	Male Vet 40-49
25	414	0:44:30	REDDISH, Morgan	Benfleet RC	Male Vet 40-49
26	650	0:44:32	CHAMBERS, Kevin	Unattached	Male Vet 40-49
27	613	0:44:55	MULLISH, Elliot	Unattached	Male Vet 40-49
28	423	0:44:57	GAITELY, Mark	Benfleet RC	Male Vet 40-49
29	508	0:45:08	JAMES, Roy	Unattached	Male Vet 40-49
30	645	0:45:58	BAXTER, Jez	East Essex Tri	Male Vet 40-49
31	630	0:46:11	FLUTTER, Richard	Unattached	Male Vet 40-49
32	143	0:46:19	BAKER, Phil	Tri Sport Epping	Male Vet 40-49
33	58	0:46:21	ROBERTSON, Mark	Unattached	Male Vet 40-49
34	131	0:46:27	WILLS, Stephen	Unattached	Male Vet 40-49
35	337	0:46:34	MCDOWALL, John	Garden City Runners	Male Vet 40-49
36	72	0:46:34	KING, Mark	Unattached	Male Vet 40-49
37	603	0:46:36	HARVEY, Shane	Havering 90	Male Vet 40-49
38	55	0:46:49	BATES, Dean	Havering 90	Male Vet 40-49
39	279	0:46:59	ALLAN, Joe	Unattached	Male Vet 40-49
40	163	0:47:12	MANN, Simon	Unattached	Male Vet 40-49
41	217	0:47:12	BEASLEY, John	Unattached	Male Vet 40-49
42	416	0:47:22	WILLIAMS, Christopher	Benfleet RC	Male Vet 40-49
43	78	0:47:27	HALL, Ian	Unattached	Male Vet 40-49
44	189	0:47:32	HUGHES, Dorian	Unattached	Male Vet 40-49
45	255	0:47:37	MANLEY, Nick	Witham RC	Male Vet 40-49
46	684	0:47:45	BONNEY, Graham	Unattached	Male Vet 40-49
47	221	0:47:57	MANSFIELD, Christopher	Havering 90	Male Vet 40-49
48	604	0:48:17	O'DAME, Victor	Unattached	Male Vet 40-49
49	309	0:48:23	SHADE, Gary	Unattached	Male Vet 40-49
50	40	0:48:43	LECKERMAN, Antony	Unattached	Male Vet 40-49
51	677	0:48:58	CAMMIDGE, Chris	Castle Point Joggers	Male Vet 40-49
52	655	0:49:07	GOODWIN, Mark	Unattached	Male Vet 40-49
53	488	0:49:11	SHEA, Tim	Pitsea RC	Male Vet 40-49
54	254	0:49:11	LEVEY, Gary	Witham RC	Male Vet 40-49
55	16	0:49:37	TATCHELL, Paul	Castle Point Joggers	Male Vet 40-49

56	565	0:49:43	HAGAN, Roger	Havering 90	Male Vet 40-49
57	642	0:49:45	WHITE, Chris	Unattached	Male Vet 40-49
58	599	0:49:51	ADAMS, Andrew	Unattached	Male Vet 40-49
59	496	0:49:52	RANDALL, Barry	Unattached	Male Vet 40-49
60	443	0:50:15	GILLMORE, Ricky	Benfleet RC	Male Vet 40-49
61	216	0:50:22	TRACEY, John	Unattached	Male Vet 40-49
62	348	0:50:29	EMMETT, Danniell	Benfleet RC	Male Vet 40-49
63	685	0:50:40	JOHNSON, Robert	Benfleet RC	Male Vet 40-49
64	561	0:50:46	MOSES, Neil	Havering 90	Male Vet 40-49
65	689	0:51:07	HAMILTON, Andrew	Unattached	Male Vet 40-49
66	736	0:51:15	WILLIS, Gary	Unattached	Male Vet 40-49
67	268	0:51:16	KING, Andrew	Unattached	Male Vet 40-49
68	525	0:51:16	HEWITT, Tim	Unattached	Male Vet 40-49
69	654	0:51:18	WOODS, Pat	Unattached	Male Vet 40-49
70	583	0:51:23	DOBIE, Ronald	Havering 90	Male Vet 40-49
71	602	0:51:26	BARTER, Nigel	Unattached	Male Vet 40-49
72	19	0:51:32	DOWSETT, Robert	Unattached	Male Vet 40-49
73	377	0:51:43	DEVLIN, Brian	Unattached	Male Vet 40-49
74	412	0:51:48	PHILLIPS, Martyn	Thrift Green Trotters	Male Vet 40-49
75	765	0:51:51	NICOLL, Dave		Male Vet 40-49
76	735	0:51:52	LAMPITT, Patrick	Unattached	Male Vet 40-49
77	510	0:51:53	HARRIS, Jeff	Unattached	Male Vet 40-49
78	133	0:51:55	OLIVER, Stephen	Unattached	Male Vet 40-49
79	360	0:52:24	CROWTHER, Stuart	Heartbeaters	Male Vet 40-49
80	320	0:52:41	BUDD, Michael	Unattached	Male Vet 40-49
81	520	0:52:47	SALMON, Arran	Unattached	Male Vet 40-49
82	289	0:53:14	PEARSON, Mark	Phoenix Striders	Male Vet 40-49
83	545	0:53:21	JOHNSON, Gary	Benfleet RC	Male Vet 40-49
84	755	0:53:32	DOYLE, Noel	Unattached	Male Vet 40-49
85	635	0:53:32	HANDS, Kenneth	Unattached	Male Vet 40-49
86	553	0:53:35	SHEEKEY, Steve	Havering 90	Male Vet 40-49
87	389	0:53:36	WILLIAMSON, Nigel	Unattached	Male Vet 40-49
88	385	0:53:52	CLESHAM, Gerald	Unattached	Male Vet 40-49
89	298	0:54:05	CLINKER, Russell	Thrift Green Trotters	Male Vet 40-49
90	327	0:54:11	KETTLEWELL, Jon	Unattached	Male Vet 40-49
91	32	0:54:22	BUCKMASTER, Robert	Unattached	Male Vet 40-49
92	489	0:55:25	CORNISH, Andrew	Unattached	Male Vet 40-49
93	242	0:55:39	PEARCE, Mark	Unattached	Male Vet 40-49
94	365	0:55:43	ARMITAGE, Mark	Unattached	Male Vet 40-49
95	560	0:56:07	HARVEY, Mark	Havering 90	Male Vet 40-49
96	323	0:56:11	ALEXANDER, Shane	Unattached	Male Vet 40-49
97	445	0:56:23	MARKS, David	Unattached	Male Vet 40-49
98	207	0:56:56	ALSTON, Richard	Road Runners Club	Male Vet 40-49
99	461	0:57:12	ASHLEY, Philip	Benfleet RC	Male Vet 40-49
100	609	0:58:04	ALDRIDGE, Angus	Unattached	Male Vet 40-49
101	732	0:58:23	LAMBE, David	Unattached	Male Vet 40-49
102	774	0:58:35	CLARKE, Michael		Male Vet 40-49
103	267	0:58:37	INGRAM, Stuart	Unattached	Male Vet 40-49
104	213	0:58:41	GINN, David	Unattached	Male Vet 40-49
105	528	0:58:44	FOLEY, William	Unattached	Male Vet 40-49
106	82	0:58:59	MYHILL, Bill	Unattached	Male Vet 40-49
107	438	0:59:04	LAWRENCE, Adrian	Unattached	Male Vet 40-49
108	301	0:59:18	CHEAVEAU, Tim	Unattached	Male Vet 40-49
109	349	0:59:32	WHITE, Martyn	Benfleet RC	Male Vet 40-49
110	534	0:59:44	ROWELL, Barry	Havering 90	Male Vet 40-49
111	234	1:00:23	JAMES, Philip	Unattached	Male Vet 40-49
112	218	1:00:46	OWENS, Graham	Unattached	Male Vet 40-49
113	132	1:00:58	PEARSON, David	Unattached	Male Vet 40-49

114	734	1:01:29	PROCTER, Keith	Unattached	Male Vet 40-49
115	212	1:03:07	GINN, Stuart	Unattached	Male Vet 40-49
116	299	1:03:45	DICKINSON, Jeremy	Unattached	Male Vet 40-49
117	400	1:04:44	PAYNE, Simon	Thrift Green Trotters	Male Vet 40-49
118	45	1:05:30	ALLIX, Stephen	Unattached	Male Vet 40-49
119	384	1:07:45	ASTON, Charlie	Unattached	Male Vet 40-49
120	415	1:08:42	JORDAN, Ian	Benfleet RC	Male Vet 40-49
121	706	1:09:40	BASS, Christopher	Unattached	Male Vet 40-49
122	13	1:09:50	BURTON, Glenn	Pitsea RC	Male Vet 40-49
123	231	1:11:47	TROTT, Paul	Unattached	Male Vet 40-49