

Billericay Striders 10K 3rd November 2002

Surname	First Name	Race No.	Position	Hours	Mins	Secs	Category	Club
Jones	Paul	500	1	0	35	13	M	Thurrock Harriers
Pattison	Robert	304	2	0	35	21	M	Walthamstow AC
Packer	Malcolm	440	3	0	35	43	M40-49	Louth AC
Von Ammers	Aron	341	4	0	35	47	M	DSTV Aloha, Netherl.
Rea	Martin	427	5	0	35	48	M	Springfield Striders
Ketteridge	Sean	491	6	0	35	55	M	
Wilson	Dey	350	7	0	35	57	M	Walthamstow
Mills	Vince	356	8	0	36	8	M40-49	Billericay Striders
Parkinson	Paul	45	9	0	36	24	M	
Collins	Gary	448	10	0	36	30	M	Thurrock Harriers
Chester	Martin	250	11	0	36	49	M	Havering Joggers
Coleman	Stan	276	12	0	36	51	M50-59	Thrft Green Trotters
Tidman	Steve	232	13	0	36	56	M	
Harper	Kevin	418	14	0	37	9	M	Whitam Running Club
Lawrence	Ray	389	15	0	37	23	M	Tri Sport Epping
Houlton	Nicholas	69	16	0	37	27	M	
Golland	Nigel	83	17	0	37	31	M40-49	Essex Fire Service
Adkins	Peter	379	18	0	37	37	M	
Berry	Roger	233	19	0	37	41	M50-59	Walthamstow AC
Jacob	Kevin	355	20	0	37	45	M	Billericay Striders
Ross	Paul	97	21	0	37	51	M	Havering 90 Joggers
Everard	Roger	371	22	0	38	0	M50-59	Pitsea RC
Vermot	Arnaud	373	23	0	38	1	M	
Butler	David	39	24	0	38	2	M40-49	
Sifford	Dave	447	25	0	38	4	M40-49	Thurrock Harriers
Skipper	Dean	197	26	0	38	6	M	Havering 90 Joggers
Tyler	John	319	27	0	38	8	M40-49	Havering 90 Joggers
Heapy	Christopher	420	28	0	38	10	M40-49	Havering 90 Joggers
Morris	Rhys	100	29	0	38	12	M	Thurrock Harriers
Jackson	Mark	243	30	0	38	20	M40-49	Castlepoint Joggers
Hallam	Dave	353	31	0	38	35	M40-49	Havering 90 Joggers
Gridley	David	492	32	0	38	53	M	Havering 90 Joggers
Bloomfield	Crispian	343	33	0	38	56	M	Billericay Striders
Martin	Malcolm	227	34	0	39	4	M40-49	Medway & Maidstn AC
O'Neill	Ian	74	35	0	39	19	M	Thrft Green Trotters
Kennedy	Andrew	81	36	0	39	23	M	Benfleet RC
Compton	Robert	309	37	0	39	31	M50-59	Havering 90 Joggers
Bent	Daniel	103	38	0	39	38	M	Pitsea RC
Wind	Kevan	240	39	0	39	52	M40-49	Pitsea R C
Ford	Russell	382	40	0	39	57	M40-49	Havering 90 Joggers
Gearing	Daniel	313	41	0	40	0	M	Havering 90 Joggers
Samuel	Japhet	259	42	0	40	22	M40-49	Greens Running Club
Paul	Stuart	1	43	0	40	23	M	Ford
Harrison	Scott	364	44	0	40	29	M	Whitam Running Club
Bear	Nigel	422	45	0	40	34	M	Thrft Green Trotters
Burgess	Roy	360	46	0	40	44	M	
Humm	David	303	47	0	40	48	M	Walthamstow AC
Spong	Sue	324	48	0	40	51	F40-44	Havering 90 Joggers
Beer	Martin	452	49	0	41	0	M	
Cannon	David	258	50	0	41	7	M	Greens Running Club
Dommett	Chris	384	51	0	41	11	M40-49	
Harding	Michael	446	52	0	41	17	M	
Harding	Richard	4	53	0	41	17	M40-49	
Greensill	Mark	399	54	0	41	18	M40-49	
Porter	Keith	41	55	0	41	23	M	
Foskew	Ian	451	56	0	41	32	M	Whitam Running Club
Clements	Joseph	434	57	0	41	39	M40-49	Atlanta Track Club
Saggers	Stuart	281	58	0	41	40	M	
Conquest	Johnny	310	59	0	41	55	M50-59	Havering 90 Joggers
Bonham	Richard	284	60	0	41	57	M	Castle Point Joggers
Anderson	Kean	378	61	0	42	1	M	
Bateman	Geraint	85	62	0	42	2	M	
Buckingham	Dean	15	63	0	42	3	M	
Adkins	David	380	64	0	42	13	M	

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Surname	First Name	Race No.	Position	Hours	Mins	Secs	Category	Club
Snelson	Marc.	73	65	0	42	20	M	East Essex Tri Club
Wellington	Pitin	105	66	0	42	28	M	
Munson	Mike	241	67	0	42	32	M50-59	Havering 90 Joggers
Stanley	David	488	68	0	42	46	M40-49	Orion Harriers
Muse	Kevin	358	69	0	42	59	M40-49	
Prior	Robert	23	70	0	43	5	M	
Honeysett	Brian	345	71	0	43	5	M50-59	Billericay Striders
Walker	Garry	359	72	0	43	10	M50-59	Victoria Park Harriers
Tilson	Scott	436	73	0	43	15	M	
Hewitt	George	457	74	0	43	20	M60-69	Southern County Vets AC
Cottis	Roy	462	75	0	43	22	M40-49	Southend AC
McInerney	Paul	199	76	0	43	23	M40-49	Benfleet Running Club
Butcher	Brian	496	77	0	43	26	M50-59	Castle Point Joggers
Parrott	Leonard	445	78	0	43	27	M60-69	Havering Maysbrook
Jennings	Richard	277	79	0	43	30	M	
Price	David	187	80	0	43	31	M	
Mole	Denis	377	81	0	43	34	M50-59	Havering 90 Joggers
Kirner	Karen	473	82	0	43	41	F	
Hinns	Kevin	498	83	0	43	45	M	Thrift Green Trotters
Howe	Anne	397	84	0	43	53	F35-39	Castle Point Joggers
Bent	Angela	102	85	0	43	54	F50-54	Pitsea RC
Hobbs	Terry	283	86	0	43	56	M50-59	
Vickers	Donald	459	87	0	43	59	M40-49	Springfield Striders
Blake	Cole	3	88	0	44	13	M	
Cadman	Karl	242	89	0	44	15	M	Benfleet R C
Price	Paul	62	90	0	44	16	M40-49	Thrift Green Trotters
Pitman	Steve	51	91	0	44	17	M40-49	
Skinner	Chris	87	92	0	44	18	M	Benfleet RC
Aldridge	Mark	334	93	0	44	24	M40-49	
Devine	Stewart	220	94	0	44	27	M	
Bearwish	Darren	286	95	0	44	28	M40-49	Thrift Green Trotters
Bussey	Amanda	476	96	0	44	35	F35-39	Southend AC
Timbrell	Danny	257	97	0	44	36	M50-59	Thrift Green Trotters
Morgan	Huw	104	98	0	44	44	M	
Taylor	Neil	61	99	0	44	45	M	Havering 90 Joggers
Coldicott	Nick	336	100	0	44	47	M	
Jarvis	Philip	475	101	0	44	51	M	
Eveson	Norman	311	102	0	44	53	M40-49	Havering 90 Joggers
Devall	John	400	103	0	44	53	M40-49	
Newman	Richard	370	104	0	44	54	M	Havering 90 Joggers
Hayward	Mike	190	105	0	45	2	M40-49	Castle Point Joggers
Robb	Gareth	226	106	0	45	5	M	
Dale	Sue	322	107	0	45	6	F45-49	Havering 90 Joggers
Mole	Eleanor	376	108	0	45	7	F	Havering 90 Joggers
Walshe	Anthony	449	109	0	45	7	M	
McCarthy	Brian	467	110	0	45	17	M40-49	Thrift Green Trotters
Sandell	Roy	338	111	0	45	28	M	Greens Running Club
Hartlebury	Chris	321	112	0	45	28	M40-49	Havering 90 Joggers
McGurk	David	494	113	0	45	31	M40-49	
Wittich	Peter	84	114	0	45	33	M50-59	Billericay Striders
Tyrell	Bryan	366	115	0	45	34	M40-49	Havering Go
Howard	Kim	478	116	0	45	35	F45-49	Southend AC
Merry	Richard	307	117	0	45	41	M	
McVeigh	Martin	214	118	0	45	46	M50-59	Havering Mayesbrook AC
Copsey	Simon	110	119	0	45	48	M40-49	Grange Farm Trotters
Meyburgh	Jacques	433	120	0	45	53	M	
Phillips	Michael	317	121	0	45	55	M50-59	Havering 90 Joggers
Ling	Melanie	391	122	0	46	2	F40-44	Southend AC
Nussell		196	123	0	46	4	M40-49	Thrift Green Trotters
Hill	Ray	409	124	0	46	7	M50-59	Pitsea RC
Tester	Pauline	471	125	0	46	12	F35-39	Ilford AC
Newman	Bryan	249	126	0	46	14	M40-49	Greens Hlth & Fitness
Edgell	Julie	99	127	0	46	18	F35-39	Thrift Green Trotters
Knowles	John	268	128	0	46	23	M40-49	

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Tree	Peter	394	129	0	46	25	M40-49	Thrift Green Trotters
Gibbons	Debbie	218	130	0	46	33	F40-44	Benfleet RC
Ibrahim	Sharief	357	131	0	46	35	M40-49	Tonbridge AC
Carter	Gill	205	132	0	46	43	F35-39	Springfield Striders
Martin	David	244	133	0	46	44	M40-49	Ilford AC
Pruden	John	13	134	0	46	53	M40-49	Tri Sports Epping
Jellicoe	Richard	414	135	0	47	2	M	Springfield Striders
Stewart	Dave	369	136	0	47	8	M40-49	Harlow Running Club
Morgans	N	395	137	0	47	10	M40-49	Tri Sport Epping
Fivash	Gary	497	138	0	47	15	M	
Alford	Kiri	499	139	0	47	18	F	Braintree AC
Collins	Mike	219	140	0	47	22	M50-59	Sittingbourne Striders
Knight	Graham	316	141	0	47	28	M40-49	Havering 90 Joggers
Skinner	Robert	352	142	0	47	28	M	
Brody	Natalie	455	143	0	47	29	F	Ford
Ymill	Chris	461	144	0	47	33	F	
Bearwish	Kevin	92	145	0	47	34	M40-49	
Bent	Chris	101	146	0	47	34	M50-59	Pitsea RC
Ling	Alan	291	147	0	47	35	M	Greens Running Club
Warminger	Michael	293	148	0	47	42	M40-49	
Morley	Stewart	383	149	0	47	44	M	Road Runners Club
Burgess	Howard	361	150	0	47	49	M50-59	Vetrans AC
Banville	Elaine	221	151	0	47	49	F	Billericay Striders
Hull	Ann	55	152	0	47	49	F	
Hull	Steven	56	153	0	47	50	M	
Brown	Elaine	42	154	0	47	52	F40-44	Billericay Striders
Walker	Susan	206	155	0	47	56	F35-39	Springfield Striders
Warboys	Pip	294	156	0	47	56	M50-59	Mid Essex Casuals
Thomas	David	484	157	0	48	1	M50-59	Havering Maysbrook
Spencer	Dennis	252	158	0	48	3	M50-59	Springfield Striders
Dehaan	Peter	28	159	0	48	7	M	
Bailey	Robin	410	160	0	48	9	M40-49	Thrift Green Trotters
Godfrey	Dave	301	161	0	48	11	M50-59	Billericay Striders
Nelder	Paul	47	162	0	48	11	M40-49	
Barter	Nigel	108	163	0	48	15	M	
Beardshall	Martin	348	164	0	48	22	M	
Brodie	Robert	209	165	0	48	22	M40-49	
Franklin	Paul	180	166	0	48	23	M40-49	Castle Point Joggers
Jolly	Simon	234	167	0	48	24	M	Billericay Striders
Fulbrook	Rob	450	168	0	48	28	M40-49	Ford Fitness Centre
Naman	Ron	438	169	0	48	28	M50-59	
Bolton	John	408	170	0	48	29	M40-49	
Edwards	Andrew	329	171	0	48	34	M	
Langford	Nick	222	172	0	48	36	M40-49	
Yetts	Alan	477	173	0	48	36	M40-49	Tiptree Road Runners
Bishop	Dere	419	174	0	48	37	M50-59	Billericay Strider
Hobbs	Debbie	282	175	0	48	41	F40-44	
Roake	Claire	254	176	0	48	49	F	
Rodgers	Carol-Ann	406	177	0	48	55	F35-39	Havering 90 Joggers
Lake	Randy	71	178	0	49	1	M40-49	Nike Trotters
Ward	Susan	349	179	0	49	4	F55-59	Benfleet RC
Fielding	Malcolm	192	180	0	49	5	M50-59	
Zirngast	Philip	198	181	0	49	7	M	
Ramsey	Duncan	17	182	0	49	8	M	
Meyburgh	Zelda	432	183	0	49	13	F	
Thake	Sue	401	184	0	49	14	F40-44	
Nel	Martine	430	185	0	49	24	F	Thurrock Harriers
Thacker	Geoff	482	186	0	49	25	M	Fitness First
Kamdar	Sheila	365	187	0	49	25	F45-49	Southend AC
Bateman	Irene	372	188	0	49	29	F50-54	Havering Maysbrook
Judge	Kevin	407	189	0	49	30	M40-49	
McCullagh	Nick	390	190	0	49	31	M40-49	Castle Point Joggers
Holland	David	213	191	0	49	31	M50-59	Havering Maysbrook AC
Warner	Jonathan	425	192	0	49	37	M40-49	

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Smart	Michelle	453	193	0	49	37	F	
Kettlewell	Jon	52	194	0	49	38	M40-49	
Smith	Stephen	493	195	0	49	45	M	
Clarke	Michael	381	196	0	49	47	M50-59	Springfield Striders
Braybrook	John	14	197	0	49	48	M40-49	Havering 90 Joggers
Hobart	Andrew	270	198	0	49	49	M40-49	
Robinson	Michelle	346	199	0	49	53	F40-44	GBRC
Clampett	Linda	441	200	0	49	56	F50-54	Louth AC
Keeley	David	315	201	0	49	56	M40-49	Havering 90 Joggers
Puddefoot	Ian	269	202	0	49	59	M40-49	
Tooke-Kirby	Ann	5	203	0	50	0	F45-49	Tri Sport Epping
King	Tony	415	204	0	50	1	M40-49	Benfleet Running Club
Bridgman	Gary	58	205	0	50	2	M40-49	Essex Fire Brigade
Birdsall	John	90	206	0	50	2	M40-49	
Hill	Tracey	302	207	0	50	4	F35-39	Havering 90 Joggers
Siewertsen	George	224	208	0	50	10	M60-69	Dagenham 88 Runners
Brosnan	Louise	344	209	0	50	15	F55-59	Billericay Striders
Knight	Kathy	265	210	0	50	16	F	
Pearse	Jon	332	211	0	50	23	M	
Fuller	Sue	297	212	0	50	23	F40-44	Benfleet Running Club
Carey	Ken	405	213	0	50	37	M50-59	Pitsea RC
Perrin	Marc.	298	214	0	50	45	M	
Knight	Anthony	266	215	0	50	46	M	
McCrow	Kathleen	235	216	0	50	46	F	Billericay Striders
O'Brien	John	354	217	0	50	46	M40-49	Billericay Striders
Butler	Alan	247	218	0	50	48	M	
Alvis	Geoff	296	219	0	50	52	M	
Tiller	Jenny	326	220	0	51	3	F	Havering 90 Joggers
Porter	Alan	40	221	0	51	8	M50-59	Ilford AC
Gahagan	Martin	106	222	0	51	9	M	
Marsh	Kevin	368	223	0	51	12	M40-49	Harlow Running Club
Saunders	Stephen	109	224	0	51	14	M	
Bailey	Tom	262	225	0	51	15	M40-49	Billericay Striders
Pyke	Linda	275	226	0	51	25	F35-39	Pitsea Running Club
Fisher	Jacqueline	274	227	0	51	29	F35-39	Pitsea Running Club
Leeds	Adrian	472	228	0	51	33	M40-49	Whitam Running Club
Van Der Kooi	Eppie	416	229	0	51	44	M	
Sutherland	Leslie	185	230	0	51	47	M40-49	
Allgood	Angel	49	231	0	51	47	F35-39	
Charlton	Dave	261	232	0	51	48	M	
Deacon	Richard	421	233	0	51	51	M40-49	
Burns	Glen	217	234	0	51	51	M40-49	Benfleet RC
Jackson	Mike	426	235	0	51	59	M50-59	
Matthew	Chas	363	236	0	52	3	M50-59	
Baldwin	Paul	2	237	0	52	4	M	
Daly	Kevin	435	238	0	52	5	M50-59	Folkestone AC
Smith	Natasha	483	239	0	52	10	F	Havering 90 Joggers
Salmon	Terry	362	240	0	52	15	M50-59	
Whatmough	Charlotte	271	241	0	52	16	F	
Platt	Janet	464	242	0	52	24	F50-54	Southend AC
Aukett	John	331	243	0	52	27	M	
Flannigan	Teresa	63	244	0	52	30	F50-54	Pitsea RC
Pearson	Mark	495	245	0	52	37	M40-49	
Bache	Matthew	57	246	0	52	37	M	
Coster	Angela	480	247	0	52	40	F35-39	Thrift Green Trotters
Platt	Ray	465	248	0	52	41	M50-59	Southend AC
Williams	Rachel	289	249	0	52	47	F	
Williams	James	290	250	0	52	49	M	
Janes	Terry	253	251	0	52	53	M	
Hayter	Remie	330	252	0	52	55	M	
Young	Verity	86	253	0	52	57	F	
Dwyer	Sean	320	254	0	53	6	M40-49	Havering 90 Joggers
McGuire	Tom	68	255	0	53	11	M40-49	
Bullard	Hugh	272	256	0	53	16	M50-59	

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Devlin	Giselle	16	257	0	53	21	F35-39	
Moloney	Donna	96	258	0	53	22	F	
Smith	Jackie	396	259	0	53	30	F40-44	Benfleet Running Club
Petersen	Jesper	53	260	0	53	33	M	
Beech	Steve	273	261	0	53	33	M40-49	Pitsea Running Club
Arnold	Terry	285	262	0	53	39	M40-49	
Howard	Geraldine	490	263	0	53	42	F35-39	
Coulson	Laurelle	184	264	0	53	50	F45-49	
Oliver	Barbara	392	265	0	54	0	F55-59	Benfleet Running Club
Jarvis	Debbie	474	266	0	54	3	F35-39	
Cowen	Stephen	181	267	0	54	4	M	
Ashdown	Vanessa	189	268	0	54	10	F40-44	Castle Point Joggers
Valentine	Lucinda	183	269	0	54	13	F	Billericay Striders
Mowl	Donald	60	270	0	54	13	M50-59	
Felgate	Ernie	34	271	0	54	16	M60-69	
Tree	Gill	225	272	0	54	21	F35-39	Medway & Maidstn AC
Deacon	Rob	278	273	0	54	24	M	
Freemantle	Andrew	25	274	0	54	25	M	
Furbank	Valerie	24	275	0	54	26	FOver60	Haverling 90 Joggers
Harvey	Mark	314	276	0	54	29	M40-49	Haverling 90 Joggers
Evans	Kenny	82	277	0	54	31	M40-49	
Howe	Andrew	398	278	0	54	33	M40-49	
Brand	Peter	75	279	0	54	34	M40-49	
Kennedy	Richard	12	280	0	54	34	M	
Postings	Philip	267	281	0	54	34	M60-69	Ilford AC
Shehu	Maria	88	282	0	54	37	F35-39	Fitness First
Passingham	Keith	89	283	0	54	39	M50-59	Fitness First
Kavanagh	Terence	393	284	0	54	39	M60-69	Haverling 90 Joggers
Northcott	Phil	29	285	0	54	41	M	
Gilley	Wendy	423	286	0	54	41	F35-39	
Payne	Colin	429	287	0	54	55	M	
Brinkley	Colin	456	288	0	55	4	M50-59	
Every	Alan	193	289	0	55	9	M50-59	Haverling Joggers
Wisdom	Richard	442	290	0	55	18	M50-59	Serpentine Running Club
Dregent	Lawrence	413	291	0	55	24	M40-49	Wimbledon Windmills
Sparrow	Sandra	367	292	0	55	25	F35-39	
Wakefield	Albert	466	293	0	55	31	MOver70	Castle Point Joggers
Andrews-King	Angela	38	294	0	55	32	F35-39	
Green	Angela	19	295	0	55	33	F35-39	Tiptree Road Runners
Finch	Ryan	458	296	0	55	38	M	
Brooker	Lisa	31	297	0	55	38	F	
Clare	Sylvia	479	298	0	55	41	F45-49	Thrift Green Trotters
Pead	Mark	481	299	0	55	42	M40-49	Thrift Green Trotters
Ramsey	Alison	18	300	0	55	48	F	
Adams	Carol	215	301	0	55	54	F40-44	Benfleet RC
Clark	Kerry Jane	194	302	0	56	6	F	
Carruthers	John	195	303	0	56	9	M50-59	Green Badge Hailers
Skinner	Julia	94	304	0	56	13	F35-39	Dulwich Park Runners
Connolly	Stephen	95	305	0	56	15	M40-49	Castle Point Joggers
Kluger	Jason	387	306	0	56	23	M	
Hanshaw	Geraldine	327	307	0	56	38	F40-44	Haverling 90 Joggers
Higgins	Tom	212	308	0	56	48	M40-49	
Jacobs	Michelle	437	309	0	56	54	F	
Corby	Clare	32	310	0	57	2	F35-39	
Sutherland	Chris	402	311	0	57	7	M40-49	
Tiller	Jackie	325	312	0	57	12	F55-59	Haverling 90 Joggers
Wisdom	Carol	443	313	0	57	17	F45-49	Serpentine Running Club
Rontree	David	107	314	0	57	18	M	
Martins	Tracey	439	315	0	57	24	F35-39	Benfleet Running Club
Jackaman	Malcolm	404	316	0	57	30	M50-59	Castle Point Joggers
Brain	Michael	33	317	0	57	38	M	
Sipos	Sue	300	318	0	57	41	F40-44	Southend AC
Burns	Jackie	216	319	0	57	42	F40-44	Benfleet RC
Johnson	Sheona	223	320	0	57	51	F	Dagenham 88 Runners

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Finch	Mark	279	321	0	57	52	M40-49	
Bradbury	Jamie	30	322	0	58	0	M	
Cason	Julie	231	323	0	58	0	F35-39	
Applewhite	Michael	260	324	0	58	6	M	
Carr	Ann	412	325	0	58	8	F	
Carr	Tony	411	326	0	58	9	M	
Brown	Kirsty	203	327	0	58	16	F	
Etty	Steve	202	328	0	58	20	M	Springfield Striders
Williams	Barbara	263	329	0	58	23	F50-54	Billericay Striders
Battle	Nicola	287	330	0	58	44	F	Castle Point Joggers
Farrer	Anita	342	331	0	58	52	F35-39	Billericay Striders
Cook	Helen	236	332	0	58	54	F40-44	
Richards	Claire	237	333	0	58	55	F40-44	Havering & Maysbrook
Jones	Roy	288	334	0	59	4	M50-59	Castle Point Joggers
Barley	Allan	460	335	0	59	5	M50-59	Essex Police AC
Ball	Michael	186	336	0	59	12	M50-59	Green Badge Hailers
Patton	Barry	179	337	0	59	43	M50-59	Ford Fitness
Pugh	Marcus	306	338	0	59	44	M	
Newport	Paul	305	339	1	0	23	M	
Jones	Rolf	76	340	1	0	25	M	
Bailey	Michael	375	341	1	0	39	MOver70	
Urand	Kevin	188	342	1	0	39	M	
Holland	Jackie	351	343	1	1	2	F35-39	
Griffin	Sharon	44	344	1	1	7	F	Thrift Green Trotters
Evans	Clair	79	345	1	1	41	F	
Felgate	Jean	35	346	1	1	48	FOver60	
Valentine	Zita	424	347	1	1	48	F	
Toll	Jennifer	255	348	1	2	15	F35-39	
Jarrat	Emma	374	349	1	2	17	F	
Preston	Elizabeth	444	350	1	3	3	F50-54	
Grundy	Karen	54	351	1	3	14	F	
Tompkins	Helen	486	352	1	3	23	F45-49	
Michaelson	Paul	487	353	1	3	23	M50-59	
Treend	Sara	182	354	1	3	28	F	Billericay Striders
Street	Robert	489	355	1	3	31	M60-69	
Ashworth	Nicky	245	356	1	4	22	F	
Slater	Caroline	246	357	1	4	27	F40-44	
Hammond	Louise	264	358	1	4	35	F	
Freedman	Paul	26	359	1	5	47	MOver70	Havering 90 Joggers
Buchanan	Barbara	229	360	1	5	48	F35-39	
Burton	William	295	361	1	5	50	M50-59	
Cranfield	Alison	67	362	1	6	22	F35-39	Benfleet RC
Tully	Lisa	347	363	1	6	23	F	Greens Running Club
Cope	Linda	485	364	1	6	30	F50-54	
Austin	Sarah	340	365	1	6	33	F35-39	Greens Running Club
Hesketh	Lucia	93	366	1	6	34	F35-39	Thrift Green Trotters
Wright		112	367	1	6	48	F35-39	
Thurlow	Marcelle B	469	368	1	7	7	F50-54	
Fleet	Keith	463	369	1	7	16	M40-49	
Jolley	Lisa	36	370	1	7	16	F	
Digby	Andrew	64	371	1	8	4	M	
Digby	Jayne	65	372	1	8	5	F	
Kirby	Emma	98	373	1	8	27	F35-39	Havering 90 Joggers
Van Der Kooi	Sonia	417	374	1	8	47	F	
Burton	Cathy	468	375	1	8	50	F50-54	
Hammond	Heather	470	376	1	8	59	F40-44	
Massey	Kevin	7	377	1	9	26	M40-49	
O'Dea	Margaret	6	378	1	10	28	F40-44	
McAuley	Yvonne	191	379	1	11	57	F55-59	
Frake	Jillian	388	380	1	12	3	F50-54	Pitsea RC
Clark	Paula	386	381	1	13	27	F	
Kirk	Kenneth	385	382	1	13	28	M	
Wherey	Cliff	431	383	1	13	35	M60-69	Vetrans AC

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